



August 2019

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*London Mayor Ed Holder and Hutton House staff are all smiles before hitting the parade route!*

## Hutton House walks in London Pride Parade!

Hutton House was excited to walk alongside The City of London in this year's Pride Parade! The day was filled with fun, laughter and most importantly love as members of the community shared their best colours with the city. The streets were decorated with rainbows galore, showcasing the pride and support London has for our LGBTQ community! This was the first year Hutton House has participated in the Pride Parade and we couldn't have been happier to share the road with so many phenomenal local businesses and organizations. The parade took off from the Western Fair District and made its way to the heart of Downtown London stopping at Victoria Park. Hutton House was pleased to give out free swag to community members who lined the streets to share in the positive energy. We hope London citizens enjoyed the smiley face stress balls and Hutton House Pride buttons that were given out along the way. A big thank you goes out to The City of London for having us join in on their float festivities. We hope to be back next year sharing in the same uplifting energy!

[www.huttonhouse.com](http://www.huttonhouse.com)

# Adult Education

## LCAC- Adult Learner Awards!



*Jen with Hutton House Adult Ed. facilitator Heather and Employment Services Manager Karen*

It has been a busy few months in Adult Education. Adult learners from local organizations were honoured at the London Council for Adult Education Adult Learner Awards on May 16, 2019, at the Wolf Performance Hall. Their stories were inspiring. Some of the award winners returned to school after overcoming challenges including immigrating to a new country, having difficulty in school earlier in their lives, or dealing with personal situations, often while balancing family responsibilities. These individuals share a strong desire to learn and a lot of perseverance as they work towards their goals whether they are doing upgrading, preparing for their GED, or earning a degree. This year, Jen Hopf received the award from Hutton House. Jen is a motivated and determined young lady. She came to Hutton House's employment program and got a job working in the kitchen at the London Hunt Club. Jen said that she needs more education to advance in her career. Her supervisor encouraged Jen to brush up on her skills at Hutton House with the goal of going to the ACE program at Fanshawe College and then getting her Red Seal certification or going to culinary school. When asked about barriers she had to overcome, Jen shared that with her mental health issues, handling conflict can be difficult, and a kitchen is the last place she should be working. Restaurant kitchens can be very fast-paced and stressful places, but the way that Jen talks about her job and her plans, it is obvious that it is the right fit for her. She must be handling challenges well because she has been there for two years. She also received a promotion to Cook 1. Jen said that she loves working in a kitchen. She likes the positive energy and good spirits. She said that communication and common sense are important in a kitchen. Her tutor, Duncan, who attended the ceremony, says that Jen is very keen and eager. She practices her skills between classes. Jen said that tutoring is helping a lot and she enjoys it. She is focusing on math now and can see the improvement from week to week. Jen has a lot of people cheering for her and encouraging her. Most importantly, she has confidence in herself, she works hard, and she has a plan. She is a great example of a lifelong learner. Congratulations Jen!

## Adult Education Celebration!

June brought the annual Adult Education Awards. Each year, participants from the Adult Education programs are recognized for their hard work and dedication towards their educational goals. Participants from one-on-one tutoring, group classes, computer classes, and Thames Valley District School Board (TVDSB) classes were all awarded with



*Lisa Teixeira with her certificate*

a certificate for their continuous commitment and effort. On the night of the awards, participants shared personal

stories, received their awards, and celebrated with cake & juice.



*Curtis Conn with his certificate for continuous commitment and effort*

If you're interested in the Book Club contact Heather to register as a participant, [heather@huttonhouse.com](mailto:heather@huttonhouse.com), and contact Roberta to learn about volunteering as a Book Club Facilitator, [roberta@huttonhouse.com](mailto:roberta@huttonhouse.com)

We are always open to volunteers sharing their unique talents to provide a fun new experience for our program participants.

Do you have a particular skill or hobby, be it musical, dance, art, crafts, cooking or another specialty that you could share with a group? Contact our Volunteer Coordinator for special guest instructor opportunities! [roberta@huttonhouse.com](mailto:roberta@huttonhouse.com)



# Access Voluntarism

## Congratulations Sontana Touch!




Sontana Touch first started with Hutton House in the Access Voluntarism program. While frequently attending AV at the Learning Centre, Sontana found out about other learning opportunities that were available for him to participate in, this is how he heard about


Adult Education. Sontana started taking classes with Sally, an Adult Education Facilitator. Sontana worked hard on his reading, writing and math skills and was interested in advancing further. With the help from Sally and Heather, Sontana began the ACE program. The Adult Education classes helped him to develop the skills needed to get through college and the ACE program. Some of the notable skills Sontana has developed at Hutton House are his note-taking, test-taking and essay writing skills. Without the ACE program and Hutton House, Sontana would still have to do more upgrading and he doesn't know how long that would've taken all on his own. Through the various learning opportunities at Hutton House, Sontana received a certificate in Business Fundamentals in June 2019 and has chosen to work towards a diploma venturing deeper into the world of business. Sontana's hopes are to one day get a job working with computers using suites software and other technological programs. With all the help he's received from Hutton House, Sontana hopes that his story inspires others to take the programs that have helped him get this far.

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<https://www.youtube.com/user/HuttonHouseLondon>

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[huttonhousepottery](#)

## Q & A with AV



*Andrew & William at Cherryhill Village Mall London Public Library*

William McDermott and Andrew Awad are hardworking volunteers of the Cherryhill Branch of the London Public Library. William began in 2002 and was joined by Andrew in 2010. Each week they give their time to work as a team to clean books and DVDs for the library.

### 1. What makes you want to volunteer?

William – I like to be with people, it's a good thing for anyone to do and I hope to be coming for a lot longer.

Andrew – Everyone needs a job, and volunteer hours count for many hours. I get to meet people and make friends. I don't have a job and need something to do with my time.

### 2. How has the Hutton House Access Voluntarism Program helped you?

William – Everyone at Hutton House has always been good to me.

Andrew – Hutton House made it easy for me to find a volunteer job and are helping me to keep my skills for when I am ready to find a paid job again.

### 3. What do you think volunteering means to the community?

William – It's good to be in the community and be with people. Volunteering helps to contribute to the community.

Andrew – If they use volunteers they are keeping things fresh. Giving smaller jobs to volunteers allows the librarians to focus on larger tasks.

# Story Book Gardens



*New Storybook staff  
Owen Frost!*

We would like to introduce our summer Storybook Gardens staff Owen Frost! Owen has been a wonderful addition to the Access Voluntarism team, supervising close to 50 volunteers who are giving their time to keep the park clean and tidy for all the visitors.



Our group of volunteers were given a warm welcome back by the staff at the park, who had made a beautiful sign for the volunteers.



## Donor Corner

Our music and drama classes were excited to receive another generous donation this year. With the donation we were able to purchase top of the line video and audio recording equipment to enhance our Songwriting Class, create stunning visuals of our Drama Group and capture all the fun glorious moments of the Arts at Hutton House.



## Hutton House Best Buddies Program



Best Buddies will be starting again in the fall. If you are interested in information about this program, please contact Jen at 519-472-1541 ext 239 or email at [jenniferv@huttonhouse.com](mailto:jenniferv@huttonhouse.com).

## Passport Program



Sheri receives Passport Funding and Hutton House helps her manage and budget her funds. Along with using her funding to have a support worker, pay for day program fees, and a bus pass, Sheri also dreamed of going to summer camp. Working together with Sarah the Passport Facilitator at Hutton House Sheri was able to work her budget to include these things. This summer Sheri is attending two weeks of sleep-away camp!

If you would like more information on the Passport program at Hutton House including managing and budgeting funds, hiring a support worker or planning please give Sarah a call at (519)472-6381 x 247.



# Volunteer Services

## Spotlight on Volunteers!

The Marilyn Neufeld award recognizes a Hutton House participant who has demonstrated a passion or commitment to lifelong learning by actively pursuing their goals through personal improvement and/or professional development. Hutton House has many deserving nominees for the award each year, who have improved their lives through involvement with Hutton



*Brian volunteering at the Learning Centre front reception*

House. Brian Ysebaert is one of those nominees. Brian has provided dedicated support as a volunteer receptionist at the Learning Centre for seven years. He covers a shift on a weekly basis, and often covers extra shifts when needed.

He is an Adult Education program participant, has participated in YER as an Employment program participant, and is now self-employed. As a person with low vision and a learning disability, Brian was in special education classes from elementary school through high school. He remembers hearing some negative comments when it came to doing things independently, such as, “you can’t cook for yourself because you can’t see and you’ll burn yourself.” Brian rejected this attitude and was determined to show what he could do.

In 2005 Brian graduated from high school and faced the challenge of living independently. With the assistance of his high school teacher and the Alice Saddy Association, Brian formulated a plan so that he could do so. This was a huge change in Brian’s life –not only did he have to show that he could live independently, but he also had to build his life and fill his time, something that had previously been managed for him. At first, “I didn’t quite know what to do with myself”, said Brian, but he was determined to live independently, and has successfully done so ever since! Obstacles have occurred along the way, but Brian’s attitude is that it’s a learning process just like everything else. “Everyone’s life is like a work of art and my masterpiece is not finished yet” he says. “I’m very independent, and have a support worker for just six hours a week to help with things like household chores,

appointments, going out for coffee or fixing a blind.” Initially, Brian was involved at Hutton House as an Employment Services participant and began volunteering at the Learning Centre reception desk in 2012 to gain skills and experience to assist him in finding employment. He has been able to expand his skills by interacting with people in a new setting, and Brian has become well-known for his friendly nature and excellent customer service to visitors to the Learning Centre. He is resourceful, suggesting ideas to help do things more efficiently, or ways to effectively communicate information to all of the reception volunteers. “I’ve learned a lot of skills at reception –patience being one of them!” says Brian. “It’s important to stay calm and professional when you’re in customer service and Hutton House has helped me to be more professional. I like to help people and ask the staff when there are requests for things we don’t offer, but maybe we can refer the person to something else to help solve their problem.”

Brian’s first reason for becoming a participant of the Adult Education program at Hutton House was to improve his writing and grammar skills which would be needed on the job. He has succeeded in doing so, and expanded his focus to math, learning mental math and tricks that can be applied to money math. Brian has also taken his education into his own hands and enjoys researching his interests online. He has a wealth of knowledge from exploring interests in mythology, different genres of music, the arts, computers and gaming, current events and tea!

In July of 2016, Brian’s love of tea and desire to work led him to become involved in a tea business. As a tea consultant for “Steeped Tea” he is gaining more skills as he holds “Tea Partees” to introduce people to the types of teas he sells. He has increased his knowledge of budgeting to ensure he has enough money to buy supplies for the parties.

He has hosted “Tea Partees” at the Hutton House Learning Centre, Day Break, and our holiday pop-up sale, as well as parties for clients in the community. He states, “I’m not a pushy salesman. It’s not just about making money. It’s also about the experience and if I’m enjoying it, and...I really love tea!”

In 2017 he was Hutton House’s recipient of the Adult Learner Award from the London Council for Adult Education.

In 2018 he received an Ontario Volunteer Service Award for over five years of dedicated volunteer service to Hutton House.

## Spotlight on Volunteers, cont.

Brian has grown through his experiences and has become a stronger advocate for people with disabilities. He has an understanding and insight into what people who are being supported need and has been asked to speak to Fanshawe College Developmental Service Worker (DSW) classes for the past two years. He says, “My purpose is to promote inclusion and educate the students on the different types of support people can have, and help them learn what to expect when they start working in the field.” Brian also spoke on a 2019 panel, “Understanding the Realities” hosted by Pillar Nonprofit Network, as part of a session educating people on how we can better understand and serve people with developmental disabilities in our community.

He has come a long way since he first branched out on his own. Today, he says his goal in volunteering is “to get out of the house and continue being active in the community. It gives me a purpose to get up in the morning.”

Congratulations Brian... on achieving that goal and so much more!

## Interview with a Tutor

Duncan Hunter, one of our long-term volunteer tutors shares his thoughts on the merits of volunteering...



*“It’s good for students’ self-worth and morale to be progressing and succeeding through material they have chosen to be of importance to them.”*

*- Volunteer Tutor, Duncan Hunter*

As a retired person, do you feel there are specific benefits to volunteering at this time in your life?

After I retired, I bought into the claim that it was important for seniors to stay active both mentally and physically. So I went looking for volunteer opportunities online that would make use of my academic and teaching background. Adult Education at Hutton House seemed to fit the bill, and it has!

Each student brings their own needs and background. Consequently, I am adapting the material to be covered to fit each student. This means that I am constantly relearning mathematics and science that I had not thought about for a number of years. Yes, it keeps me mentally active!

How many learners have you worked with over the years, and what has kept you interested and involved?

I have lost count, but most years it was two students at a time. So, I would guess about 12-15.

Each student has presented a new challenge – with their different needs, ambitions and personalities. It’s always a learning experience for me, but without being overwhelming. It’s been enjoyable, challenging and satisfying.

The theme for National Volunteer Week was “The Volunteer Factor – Lifting Communities”. What are your thoughts on how volunteers lift communities?

Communities are comprised of individuals. So, if you lift individuals, you lift communities.

Volunteering lifts both the volunteers and those they are helping, whether it’s community groups or one person at a time!



**Share your time, knowledge and experience in a meaningful way...**

We are registered with the Age Friendly London (AFL) Network and offer volunteer opportunities for individuals from age 18 to older adults (55+). Check out the Age Friendly London video on our website that highlights two Hutton House volunteers! Thank you Duncan & Gloria for your contributions and support to the participants and to Hutton House.



# Fitness & Wellness



Hutton House, through a grant from the Ontario Trillium Foundation, was fortunate to be able to hire a Fitness and Wellness Facilitator to develop and implement a Seniors Fitness Program. The program includes both group exercise and personal training. The facilitator was hired in October of 2018 and the classes began in January of 2019. The programs are free and the only requirement for a senior to join is that he or she must be 65 years of age or older and have a disability. This is a relatively new project for Hutton House, who has been promoting and supporting persons with disabilities since 1952. Although seniors have attended fitness programs offered at the Hutton House Fitness Centre, the grant position was created to focus strictly on the older adult London population. There are currently nine 60-minute exercise classes offered weekly in the mornings, Monday through Friday at 9:30 am and 11:00 am. The most popular sessions are the Bands for Balance classes which take place on Wednesdays at 9:30 am and Fridays at 11:00 am. This creative program utilizes suspended resistance bands secured to the ceiling. The class is unique due to the constant tension on the upper body in combination with strengthening and balance exercises for the lower body. This class improves overall muscle conditioning with an emphasis on balance training.

Hutton House fitness opportunities include: certified trainers, specialized programming for seniors, trending equipment in a completely adaptable fitness centre, personalized, small group classes and individualized training and healthy cooking classes. Please contact Kristy Hoornick or Sarah Langford for more information. The Fitness Centre is open Monday through Friday from 9:00 am – 4:00 pm. To register for classes call 519-472-6381.

**Join Now!**  
**Memberships at the Hutton House Fitness Centre**  
**are only \$15 per month!**

## The Marilyn Neufeld- Lifelong Learning Award

Congratulations to this year's Marilyn Neufeld- Lifelong Learning Award recipient, Michael Hollis! 2019 has been the third year that this annual award has been presented.

This award is named after the our retired Executive Director Marilyn Neufeld. This award is gifted each year to a participant who has demonstrated a passion or commitment to lifelong learning by actively pursuing their goals.

Michael Hollis has been attending Hutton House programs since 2016 and has since been participating in Adult Education, Men's Club, and has been a dedicated member of the Fitness Centre at our 654 Wonderland Road North location.

Michael's hard work and passion for all that he sets his mind to truly is awe-inspiring. With the support of his family, friends, Special Olympic teammates and Hutton House fitness trainer Kristy Hoornick, Michael has been able to create a well-balanced schedule to juggle all the activities he loves to do and excel at his personal goals. Congratulations Michael on this award. Hutton House is proud to be a part of your progress and knows that you will continue to achieve great things in your future endeavours.



## Social Worker Services

**Can I  
Help You?**



Our Social Worker can provide individual counselling to help with personal issues and in locating community resources. Support is also available to complete forms for various services including ODSP, housing, CPP and assistive devices.

For more information, contact:  
Lisa Havens, MSW, RSW at 519-472-6381 ext. 240  
[lisah@huttonhouse.com](mailto:lisah@huttonhouse.com)

## LIFeworks 2



LW2 is super excited that sunny weather and warm days have finally arrived. This spring LW2 kept busy with plenty of different activities. Spring is one of LIFeworks' 2 favourite times of the year as there are two fun holidays involved. At the beginning of May, we were lucky enough to work with Eunice on a secret pottery project for Mother's Day. We made birdhouses and got to use all sorts of funky colour combinations to create our bright and beautiful creations. Fast forward to June and it was time to celebrate Father's Day. For Father's Day, we got cooking!! LIFeworks 2 worked very hard on picking the best recipe and putting together the perfect barbeque sauce. Both projects were a fun and perfect way to celebrate our parents and all they do. If there is something that LIFeworks 2 loves to do, it is to stay active! Almost every program day

LIFeworks heads down to the gym to work out or take part in the Jazzercise program. This spring we were fortunate enough to have been invited by Kristy to participate in a special yoga class!! We were able to do some stretching with warm stones on the yoga mats while listening to relaxing music. The

whole experience was so relaxing, we can't wait to try it again sometime! Last but definitely not least, LIFeworks 2 took their BIG annual trip to Greenview Aviaries. We spent the day looking at and feeding all sorts of different animals. We saw lions, tigers, wolves, goats, alpacas, pigs, owls and much much more. Our favourites were by far the ostriches, they dug their faces right into the food buckets and gobbled away making all of us laugh!



At lunchtime, we were able to cool down and enjoy all sorts of summer treats from their restaurant including hamburgers, hotdogs and cold drinks and water to keep us hydrated. Additionally, we got to hangout on the funky slides, swings, basket swings and share a whole lot of smiles and laughs. Can't wait to update everyone in the fall newsletter to let you know all the other fun activities we have planned for the rest of the summer.

## LIFeworks 3



LW3 has had a really good spring and early summer season! At the beginning of Spring LIFeworks 3 was fortunate enough to attend Beal High School's production of a "Chorus Line". LIFeworks 3 sang and danced along to the music. We had a blast!! This summer LIFeworks 3 has been enjoying some much needed time in the sunshine. We've been getting our exercise by taking walks in the park behind Hutton House and feeding the ducks at Springbank Park. Additionally, LIFeworks 3 took a trip to Port Stanley to enjoy a day at the beach!! We walked along the boardwalk and enjoyed lunch at Mackie's. We ended our day with a delicious treat at Shaw's Ice Cream on the way back to Hutton House. Although LIFeworks 3 enjoys all our fun trips and activities, they also enjoy giving back to the community. This month we volunteered at Sunnivue Farms and helped harvest garlic! For the second summer, LIFeworks 3 and 4 have teamed up to open up a booth at the Masonville Market!! This year LIFeworks 3 & 4 are working with community partners to sell maple syrup and some produce. Moreover, this year at the market they are selling pottery items made by the participants themselves! Lifeworks has been working hard on making henry bowls, herb tags, birdhouses and many more items! You can find us at the Masonville Market parking lot every Friday from 8:00 am to 1:00 pm. Can't wait to share all our other fun activities and trips that we have planned for the rest of the summer.



# Forest City Comicon!

Hutton House was excited yet again to be at Forest City Comicon! On June 1st 2019 the Hutton House Heroes were stationed inside Centennial Hall, the venue where it all first started! London cosplayers were quite the sight! Decked out in costumes that were straight out of comic books and classic tv shows, there was a ton to see. Hutton House provided the community with a free photo booth, capturing all the glitz and glam of the event. Not only did we take photos of all the brilliantly dressed Londoners, we also gave kids and family members the chance to make their very own pin on a button featuring their favourite comic book superhero thanks to Heroes comics and their generous donations of comic books. We had so much fun spending the day with our community. We'll see you again next year at Forest City Comicon, London!



*Happy Londoners at Hutton House's FCCC photo booth*

## *We have your next great employee!*

Contact Kim Neable via phone 519-472-1541 ext. 229 or email [Kim@huttonhouse.com](mailto:Kim@huttonhouse.com)

# Grant Announcements

## Summer Students!

In April 2019, Hutton House received a grant from the Federal Government's Canada Summer Jobs Program funding to take on 11 new summer student positions! These positions are spread out across our organization fulfilling the need for student positions in ARTworks, which includes our pottery programs, theatre and music groups, LIFEworks, Fitness and Wellness, Employment, Adult Education, Access Voluntarism and Day Break. These students help make the programs lively and full of excitement! We are enjoying getting to know our new summer students! With funding comes great opportunities to have a diverse team that will benefit not only our staff experience, but our participants as well! Our summer students will be with us until the end of August 2019.



Hutton House is excited to announce that we will be hosting a Seed & Grow Grant recognition event on September 17th 2019 from 9:00 am - 11:00 am at our 654 Wonderland Rd. North location (behind Subway).

We welcome London community members and Hutton House participants from all locations to join us in celebrating the success of our latest Fitness Centre programs as well as our newest Pottery classes thanks to the Ontario Trillium Foundation's Seed & Grow Grants. Room tours will be available to see our state of the art pottery studio and fully accessible Fitness Centre. We hope you can make it!

**Ontario  
Trillium Foundation**



**Fondation Trillium  
de l'Ontario**

An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario



## Hutton House FALL POTTERY SALE

Saturday November 2nd 2019  
9am-12pm



25% off all regular priced items  
(excluding participant kuchi work)

654 Wonderland Rd. N.  
(behind Subway)

Sale continues Nov. 4th-5th 2019

# Employment Services

## Meet Elsie, also known as your ray of sunshine on a rainy day!

Elsie has been involved with Hutton House for many years and just as many programs. In particular, Elsie has been with Hutton House Employment Services for 8 years and has worked at Tim Hortons and now with Popeye's. She is a dedicated employee and takes great pride in her work as a lobby attendant. Here is what she had to say about working at Popeye's Louisiana Chicken:

"I work on Fridays at a chicken restaurant called Popeye's Louisiana Chicken. I am a lobby attendant and I like to make sure the restaurant is clean. I enjoy working at Popeye's and I enjoy working with my co-workers". We are so proud of Elsie's success at her employment, and we are equally thankful for Ed and the Popeye's staff for their support of Hutton House Employment Services!



*Elsie with her wonderful Popeye's Louisiana Chicken co-workers*

## Room for Growth with Employment Services!



Chris was hired with the Fanshawe College School of Hospitality 10 years ago and is still a valued employee of the college which recently moved to the new location on Dundas street in downtown London. Chris has now become a permanent employee of Fanshawe College. Chris worked for many years as a seasonal part-time employee and his loyalty, hard work and dedication to his job have been recognized. Hutton House values the partnerships and opportunities that employers have given to our willing and excited participants over the years. If you are an organization or company looking to hire ready-to-work individuals, please reach out to our Employment Services department to get started on building your inclusive and diverse workplace.



*Chris Chu & Gord Fansher Case Manager/ Employment Specialist at Hutton House.*

## Meet our new Employment Services Staff Members!



Employment Services and GPS team welcomes Scott Fisher who is a dedicated Job Developer, Case Manager and back-up Facilitator. Scott arrived at Hutton House with a wide variety of skills and experience within the Employment Sector. As well, Scott has brought with him a thorough knowledge of successfully supporting youth within our community. His calm yet outgoing demeanour has been a welcome addition to the whole Employment Service Team.

We want to welcome Nathan who recently joined Employment Services to assist our Jobworks team. He has extensive knowledge in working with individuals to help define their goals and work together to help achieve success. His eagerness to help and sense of humour is a natural fit with the team. He is up for the challenge to create new opportunities.



# Board of Director's News

The Annual General Meeting (AGM) was held on June 19, 2019, at the Wonderland Rd N location with about 60 people in attendance. The AGM Report including annual audited financial statements were distributed and reviewed. Staff and Board members were recognized with years of service awards. Prior to the business meeting, refreshments and networking were enjoyed by all. The Board would like to thank Jackie Madden and Cindy Smythe who have stepped down from the Board for their years of support and service to Hutton House. The Board of Directors currently has two vacancies available. Please contact Jeanette if interested in a job description and application form at 519 472 6381 x 224. Board meetings are the third Wednesday of each month 5:30 pm – 7:30 pm with no meetings occurring in December, July and August.



*The Board of Directors at the AGM 2019*

## United Voices: The Autism Employment Advantage Premiere!

In April, Hutton House collaborated with Bridging the Gap, a local group affiliated with the London Chapter of Autism Ontario as well as the Rotary Club of Hyde Park and Leads to premiere a short documentary “United Voices: The Autism Employment Advantage.”

It's safe to say that the premiere was a success! With a mix of over 80 local organizations, businesses, and young entrepreneurs in attendance we are proud that our message of diversity in the workplace was able to be spread to local change-makers with the hiring power to create a meaningful difference in their community.

A warm thank you goes out to our master of ceremonies, Paula Morand and her terrific ability to spread positivity and to the honorable Mayor of London, Mr. Ed Holder for being the morning's guest speaker. The breakfast event was a great success thanks to our many partners and local businesses who helped in the process of creating this film over the past 2+ years! To watch the full film and find out more about those involved in this creative process visit [www.btgvoices.com!](http://www.btgvoices.com!)



*London, ON  
Mayor Ed  
Holder on  
stage at Film  
Premiere*

*Key note speaker,  
Mona Lam Deslippe  
and MLD Solutions  
team*



*Morning  
Breakfast  
Mingle*

## Need help to find a job?

We support individuals with:

- Physical, Developmental, Learning Disabilities and Mental Health needs
- Limited Education and/or Work Experience

**We Get It! We Can Help!**

**519-472-1541 x 232**

**[FindWork@huttonhouse.com](mailto:FindWork@huttonhouse.com)**

## Make A Zine!



Our “Make a Zine” group is about creating a handmade magazine of original art or existing art that has been modified in some way. There are no rules for making zines and you don’t need to be an artist to be part of this group. Zines can include drawings, collages, colouring, poetry, songs, or any other way of expressing yourself on paper. Our participants this spring enjoyed a variety of fine art and writing. We even made a field trip out to the Apple store at Masonville to use their amazing iPads and Apple Pencils to create digital art to add to their final zines. After 8 weeks of continual art making, our participants’ original zines are photocopied in-house, bound, and ready to take home to share with others! If you were at Forest City Comicon earlier this summer, Hutton House had some participant zines on display. We hope you enjoyed looking through them as much as we enjoyed making them!



*Make a Zine group at the Apple Store creating new content on iPads!*

## Pottery

In June the Pottery Studio took fourteen participants to the Gardiner Museum in downtown Toronto. This was the first of three big field trips that the Pottery studio is able to provide through the Ontario Trillium Grow Grant that was received in 2018. Participants had an up-close experience with some of Canada’s most noted contemporary ceramic artists. After taking a tour of the museum's contemporary collection



the group took part in a hands-on workshop led by Ceramic Artist Audrey Mah. Our participants were able to show off the knowledge that they have gained in their previous Hutton House pottery programs. They used pinch, coil, and slab techniques to build

unique creations that were brought back to Hutton House and fired in our kilns. Somehow everyone survived the long drive to and from Toronto through the tedious traffic and the Pottery staff learned to never book a trip on a Friday again.





# Day Breaking News

Day Break has expanded its space and enjoyed all the excitement around getting it ready. It is a nice space to have our Yoga class. Participants are singing and watching music on our big screen TV. At times participants just enjoy the quietness.

On St. Patrick's Day we sang songs with our wonderful music volunteer Jane. Everyone had so much fun. We also did St. Patrick's crafts that we all had fun doing. We had green drinks and green yummy treats.

In mid-April we went to the Pottery Studio at the main building to create handmade Mother's Day gifts. The participants made cheese boards. The cheeseboards turned out beautifully. For Father's Day, participants made BBQ rubs that were fitting for the summer.

We went on a road trip to Stratford. We visited the Stratford Museum. The main attraction of the museum was the section with Justin Bieber! No, unfortunately, there were no real Justin sightings. The participants were happy to look at pictures and buy souvenirs. Then they enjoyed a picnic lunch.

We have gone on several walks to Victoria Park and this new place that we have just discovered, BoxCar Donuts. The participants enjoyed the London Poutine Fest and Kids Expo. The festival season is underway and we are ready to try and get out to as many as we can before the summer is over.

The whole group went to Rock Glen Family Resort for a day camp experience and had hot dogs and hamburgers. The best part was the s'mores. Thank you to Dorothy for letting us invade your campsite.

Summer has just begun and we have done so much already. We cannot wait to enjoy more adventures this summer.



*A beautiful Cheeseboard, handmade at the Hutton House Pottery Studio. Featuring Homemade Strawberry Jam-Perfect Mother's Day Gift!*



## RED CROSS FIRST AID/CPR

Hutton House is excited to announce that we are a Canadian Red Cross Training Partner offering First Aid/CPR and AED courses to participants, partnering agencies and employers as well as the general public.

We have provided training to dental offices, the London Language Institute, London X Ray Associates and Beach Comber Hot Tubs. If your company needs to be CPR Certified reach out and we can help get your staff trained!

- Our qualified facilitator provides a learner-centred training plan that will keep participants engaged
- Small group settings provide the means to offer additional supports
- Programming will be offered at the Hutton House Learning Centre in Cherryhill Village Mall
- Access to free parking, food court and grocery store
- Participant subsidy may be available, please speak with staff

### COURSES OFFERED INCLUDE:

#### Standard First Aid/CPR – level C

- 14 hours of teaching time
- Learn adult, child and baby CPR and use of public access defibrillator (AED)

#### Standard First Aid & CPR- C Recertification

(Current SFA/CPR C certificate required)

- 7.5 hours of teaching time
- Receive updates and refreshers

#### Emergency First Aid

- 7.5 hours of teaching time
- Includes first half of Standard First Aid course

#### Blended Learning

One day in class and one day online. Specifically formulated for those that cannot attend a regular two day in-class session. The online portion is at your own pace, while the in-class time is from 9:00am-5:00pm

\*Anyone who registers must be able to demonstrate the required skills contained within the course as well as complete the testing.

Non-Certification courses are also be available for individuals with a general interest in learning about First Aid.

For more information, to inquire about prices  
or to book a course, contact  
Tami Clark at 519-472-1541 Ext. 240

# Skills 4 Life!

With the warm weather finally arriving Skills 4 Life decided to brighten up the patio area. Adrian



and Morgan went to Lowe's to purchase some potting soil and flowers. With the help of the other participants, they were able to work together to spruce up the outside of Skills 4 Life.



One of Jed's personal goals was to be able to utilize his excellent reading skills outside of the program. From January till June, Jed consistently went to Eagle Heights Public School on Thursday mornings to read books to the Grade

One class. This not only allowed Jed the opportunity to work on responding to questions when asked, but it also allowed him to be a part of his community.

Skills 4 Life started because of a community connection with Fanshawe College. This connection has allowed our participants to attend Fanshawe College on Tuesdays. Skills 4 Life participants are paired up with the current semester's DSW students in the kitchen lab where they work together making different foods.

Personal Health and Wellness are a big component of the Skills 4 Life program and we are lucky enough to have a few of our very own pieces of gym equipment. Bryan is a frequent visitor to our gym and has enjoyed learning how to use the elliptical as well as the treadmill.



While the DSW students are helping the S4L participants develop skills such as matching, selecting and cooking, the S4L participants are giving real-life, hands-on experience to the DSW students.



## LIFeworks 4!

In May, we tried our hand at baking gourmet cupcakes for the wonderful moms in our lives. A few days later we ventured off to Niagara Falls to marvel at the power of Mother Nature and explored the wonders of Clifton Hill. We Journeyed Behind the Falls, experienced Niagara's Fury in 4D, and dined among animals at the Rainforest Cafe! Although the weather wasn't what we hoped for... we made the best of it and had a great time! Everyone's favourite part of the trip was the 4D theatre - the platform would move beneath our feet, as it snowed, rained, and stormed all around us while we watched an IMAX style movie about how the Falls were created. We also worked hard to get some products prepared for our booth at the Masonville Farmers Market. This



year we're selling a variety of DIY projects, pottery, spreadable edibles, and much more! Some of our items are one-of-a-kind so be sure to come visit us Fridays from 8 am - 1 pm! LW4 is not only working hard for the market, we're getting our workout on too! Every Friday morning we either take a stroll in our surrounding neighbourhood, check out downtown, or we complete a circuit workout to get in shape! Throughout the month of June, LW4 visited the Wonderland Road location to make some pottery items to sell at the market. Hope everyone had a great summer - we've definitely had a blast here at LIFeworks 4!



**Wednesday, July 17<sup>th</sup> 2019**

## **West Haven's 23rd Annual Charity Golf Classic in Support of Hutton House**



The 23rd Annual Golf Charity Classic started with a bang, literally, as the morning welcomed us with lightning, thunder and heavy showers. But Mother Nature must have known that a good cause was taking place

as the weather subsided and bright blue skies and a full sunny day was ahead! Our host, the West Haven Golf and Country Club welcomed the sunshine and the golfers to their picturesque 18 hole course. Their hospitality team served everyone a delicious lunch and dinner menu, keeping the golfers well nourished for the day's activities. Keeping the party going was 102.3 Jack FM



who helped golfers get in the zone during the ever so competitive putting contest, which was won by Mike Zylstra. Throughout the day golfers took part in the unique golfing format made up of 6 holes best ball, which was won by Mike Zylstr and Keith McDonald, the 6 holes alternate shot which was won by Mike Botetzayas and Jason Schneider and the 6 holes scramble won by John Makins and Don Organ for the second year in a row! Congratulations to all the winners at this year's event. Off the course there were amazing prizes to be won, including our classic wheelbarrow of wine- which makes the Hutton House golf tournament the best one-stop shop to fill up your home wine cellar, 3M gift baskets making sure to keep winners stocked up on all the must need essentials, and the grand raffle prize of a free trip for two courtesy of WestJet Airlines. During the evening ceremonies, we were joined by guest speakers Sara Albers and her General Manager, Dave Martin, from the GoodLife Fitness Sherwood Club. Their speeches were captivating, highlighting how Hutton House Employment Services supported both Sara and the GoodLife staff to ensure a successful match. Dave expressed his appreciation for the support received and Sara's dedication and positive attitude to her work which also had a positive impact on his other employees. Thank you to Sara and Dave for taking the time to share what Hutton House means to you, you truly put this event in perspective for our golfers. Our 23rd Annual Charity Golf Classic was a huge success thanks to our sponsors, volunteers and our golfers. Our 24th annual tournament will be held on Wednesday, July 8th 2020. Hope to see you there!

## **Thank You for Your Support!**

# Coming Events

## Masonville Farmer's Market

*Every Friday Morning until October 2019*

*8:00 am - 1:00 pm*

## Doors Open London

*654 Wonderland Rd. N*

*September 14th, 2019*

*10:00 am - 3:00 pm*

## Ontario Trillium Foundation Seed & Grow Grant Recognition

*654 Wonderland Rd. N*

*September 17th, 2019*

*9:00 am - 11:00 am*

## Pottery Sale - 25% off

*Hutton House Gift Shop- 654 Wonderland Rd. N.*

*November 2nd, 2019 9 am - 12 pm*

*November 4th - 8th, 2019 8:30 am - 4:30 pm*

Visit

**[www.huttonhouse.com](http://www.huttonhouse.com)**

for Events & News updates

## Community Pottery Classes



## Hutton House Customer Service Commitment

Our most important customer is YOU.  
In a safe, supportive and respectful environment

We will work together

With open and honest communication  
to enable you to discover  
and achieve your goals.

### Our Mission:

Hutton House promotes and supports persons with disabilities through learning and life enhancing programs that focus on each individual's strengths, abilities and interests.

### Vision:

Persons with disabilities have equal access to participate in all aspects of community life.

### Board of Directors:

Jean Knight - President

Claudia Bayona - Vice President

Peter Holland - Treasurer

Jeanette Dutot - Ex-Officio

### Directors:

Wendy McGowan

Michael Ketelaars

Tilda King

Jon Lavkulich

Jacqueline Madden

Eric Riley

Bryan Smits

Cindy Smythe

Julie Watson

### Charitable Registration

(Bn) No. 10807 1861 RR0001



# Hutton House

Supporting people & adults with disabilities

## "In House"

### Next Publication Deadlines

January 20th, 2020

April 13th, 2020

August 10th, 2020

We gratefully accept articles, personal stories,  
and photos involving participants of Hutton House.

Please submit information directly - and early - to  
[Asha@huttonhouse.com](mailto:Asha@huttonhouse.com)