



March 2017

In House

A Newsletter to our Community

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What is Cold Worn?



Cold Worn is a representation of Hutton House, our history of social enterprise, our commitment to new initiatives and our integral connection to London's community. The name Cold Worn was sparked by a play on words as we've managed to procure some treasures from Novacks' that are dating back to the Cold War era along with a few other iconic items. Cold Worn sources new, old stock and vintage military surplus goods in a store that has the touch and feel of a high end outdoor outfitting and dry goods shop. Our store is located in the heart of Old East Village at the Western Fair Farmers' and Artisans' Market. Cold Worn would also not be complete without Hutton House's beautiful and unique hand crafted pottery. Cold Worn is an initiative driven by Employment Specialists Joe Gansevles and Katerina White who personally hand pick all items for the store. With a grand opening on November 17th, the response to the store has been enthusiastic with patrons marvelling at the products and decor of Cold Worn.

Cold Worn is open every Saturday from 8 am - 3 pm on the second floor of the Western Fair Farmers' and Artisans' Market. We look forward to seeing you there!

www.huttonhouse.com

Access Voluntarism

Access Voluntarism Celebration

Our annual Access Voluntarism Celebration of Excellence was held at Eagle Heights P.S. in October, and was well attended. We had approximately 100 guests, including volunteers, family and agencies, come to help show their gratitude to our volunteers as they accepted their certificate. Over the past year, we had 137 volunteers donate approximately 11461 hours of time to our 48 partner agencies. They are a dedicated group of people who enjoy giving back to their community.



William – Cherryhill Library – William is a long-time volunteer at the library, helping to sort the slips from the incoming books, as well as washing the children's books to keep them clean.

Lori – Central Library - Lori helps to take care of the plants at the Central Library downtown.



Claire – Oak Park Children's Centre - Claire enjoys helping out at Oak Park Children's Centre and spending time with the children.

Right: Frank – Salvation Army Centre Of Hope – Frank generously gives his time to help those in need by bagging the food for them.



Below: Group shot of the various agencies who were present to accept their awards.



Salvation Army Christmas Kettle

18 of our Access Voluntarism volunteers donated their time to the Salvation Army Christmas Kettle, helping them reach their target goal this year.

Approximately \$1400 was raised for this long time partner agency over the 6 days spent spreading Christmas cheer to the patrons of Cherryhill Village Mall.



Childreach

At Childreach, we are so very grateful for the generous gift of time from our Hutton House volunteers. They work busily in our Resource Centre preparing die cut shapes for community programs like the London Public Library, as well as ensure that the resource kits being returned to our library are complete before placing them back on the shelves for another member to borrow.

In our playroom, we are very fortunate to have volunteers who help us clean the toys that the children have



been enjoying throughout the week. We often find our volunteers playing and talking with the children as they play.

We are extremely appreciative of our partnership with Hutton House and the relationships that we get to build with the volunteers.

~ Amanda Benton RECE, childREACH

MARILYN NEUFELD LIFELONG LEARNING AWARD

No one embodies the spirit and vision of Hutton House like past Executive Director, Marilyn Neufeld. During her 32 years of outstanding leadership from 1984 to 2016, she oversaw the growth of the organization from the days of institutionalization and sheltered work into the light of inclusive community living. Today, Hutton House's mission is to "promote and support persons with disabilities through learning and life enhancing programs that focus on each individual's strengths, abilities and interests.

In her words, "Participants attend Hutton House to learn, to grow their skills and abilities and pursue jobs or volunteer roles in the community. Qualitatively, what sets us apart is the true belief in the potential of every person, listening to their dreams and goals, respecting choices, supporting self determination and mutually sharing responsibility for outcomes."

In the spirit of Marilyn Neufeld's commitment to these principles, the Hutton House Board of Directors approved the annual Marilyn Neufeld Lifelong Learning Award in 2016. This is a \$500 annual award.

Eligibility Criteria

The award is available to any Hutton House participant within the last 3 years who has demonstrated a passion or commitment to lifelong learning by actively pursuing their goals through personal improvement and/or professional development.

For our purposes, Lifelong Learning is broadly defined and could include any participant demonstrating a passion to improve their lives through involvement in Hutton House's fitness, social programs, the arts, literacy, volunteerism and employment.

Selection Process

A small awards sub-committee will be struck annually to consider the applications and it will include no less than two board members and Marilyn Neufeld or her designate.

The successful recipient will be awarded \$500.00 in recognition and celebration of their accomplishments, as well as receiving a personal plaque and their name on the Hutton House plaque denoting the annual award recipients. Award winners will be announced at the Hutton House Celebration of Learning each year in May or June.

Volunteer Services

Our volunteers and staff have so much fun staffing Cherryhill Mall's Gift Wrapping Station during the holiday season. It's a great opportunity for Hutton House to provide a service which lifts everyone's spirits, and to share our program and volunteer information with the public.

Special thanks to Minto Cherryhill for their great community partnership in providing the Gift Wrapping Station each year in support of Hutton House. Thanks also to Corey Schaefer, Manager of Buck or Two Plus in Cherryhill Mall for donating all of the bows and tape this holiday season!

We're pleased to share that over \$1,000 was generously donated from our community to benefit our programs and participants! Kudos to all of our Hutton House "Volunteer Elves" for their awesome support at the Gift Wrapping Station!



Thanks to all the Volunteer Elves that helped at our Cherryhill Mall Gift Wrapping Station over the holiday season.



Special thanks to Steven Wolodko for generously volunteering his time and skills to matt and frame artwork for the upcoming Studio Artist program Art Show & Sale, "Reframing Abilities", at the ARTS Project from March 21st to April 1st.



Kudos to all the members of Western's Student Group, "Bridging Academic Minds" and to Marble Slab for choosing to benefit Hutton House with the BAM Scoop Night fundraiser! \$228.11 was donated, what a delicious way to give your support for youth and adults with disabilities!

Like us on Facebook 
<https://www.facebook.com/HuttonHouseLdn>

Follow us on Twitter 
<https://twitter.com/huttonhouseldn>

Watch us on YouTube 
<https://www.youtube.com/user/HuttonHouseLondon>

LIFeworks 2

Check out the happenings in LIFeworks 2 every Tuesday and Thursday!



Rolling out Gingerbread Cookies



Cooking Class



Practicing our Stir-Frying Skills



Getting into Trouble!



New Printing Work Books



Playing Jenga

LIFeworks 3

LIFeworks 3 is a life skills day program offered Monday, Wednesday and Friday at our building located on Wonderland Road N. If interested in attending call Amy at 519-433-1441 for more information and a tour.



Getting Ready for Lazer Tag!



Peanut Butter Cups

Meeting a Farm Cat



In the Pilot Seat!



Helping Friends with Knitting



Rice Krispy Treats

Pouring in Batter



LIFeworks Board Game Day

LIFeworks 4

LIFeworks 4 is a new life skills program offered Mondays and Fridays at our new space at 140 Ann Street. If interested in attending contact Amy at 519-433-1441 for more details and a tour.



Performing Science Experiments



Waiting for the Bus



Working on iPads



Circuit Workout @ the Hutton House Fitness Centre



Lunch at the Market



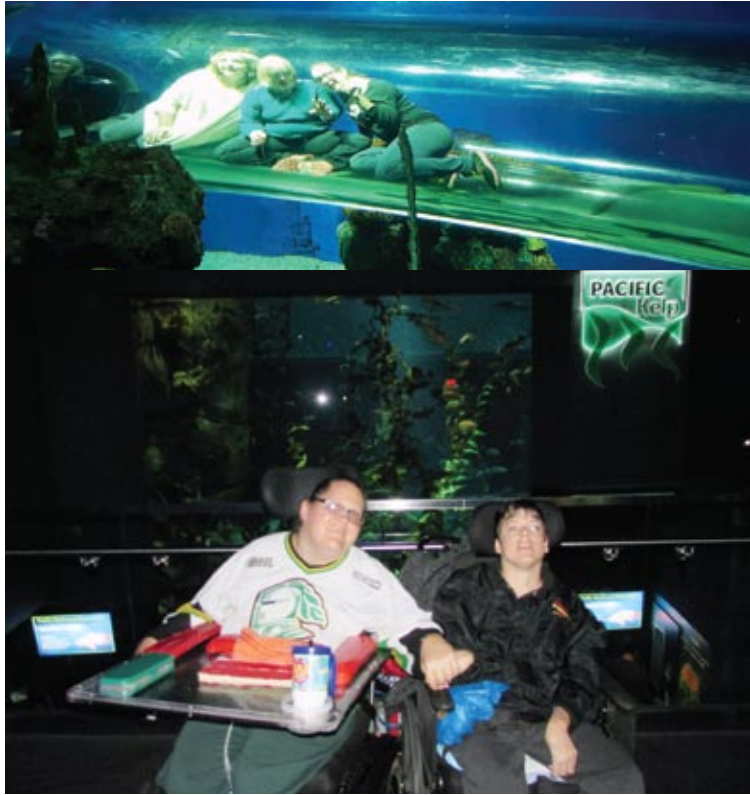
Grocery Shopping



Cooking Class with our New LIFeworks Group

Day Breaking News

Day Break has been really busy planning community outings for the participants. We used some of the funds from our Garage Sale to go to Greenview Aviaries, Ripley's Aquarium and the Grand Theatre.



We also enjoyed a day out at Rock Glen Family Resort in Arkona, where we roasted marshmallows and hotdogs on the fire and fed the ducks in the pond.



Staff and participants spent a lot of time baking goodies that we sold at the Waldorf School Market. The market ran on Wednesday afternoons from 3-4pm in the parking lot of the Waldorf School. Along with Matt from Sunnivue Farms (located in Alisa Craig) who sold his locally grown organic produce, Day Break staff and participants attended and sold our baking. Due to the cold weather we have suspended our weekly market and will start again in the spring. Hope to see you there!!

Welcome back Jen Elrick from your maternity leave!! We would also like to welcome Bill and Brady from the St. John's Therapy Dog Program. They come and visit us on Tuesday afternoons.



We have continued exploring food from different cultures. We enjoyed fantastic food from Ethiopia, France and Bosnia. Thank you to our gracious family/staff volunteers for coming in and making delicious cuisine.





Welcome to the Parking Lot Market, a social enterprise initiative from partners Sunnivue Farm, London Waldorf School and Hutton House. An opportunity presented itself for Hutton House to partner with Sunnivue Farm, a biodynamic Farm located in Ailsa Craig, Ontario to provide fresh produce and homemade baked goods from Hutton House Day Break program every Wednesday from 3-4pm. Under the guidance of Market Gardener Matt Marchionne and spearheaded by Employment Specialist Joe Gansevles and Day Break Coordinator Amy Schembri the market has been a success with a enthusiastic response from the London Waldorf School Community.

The market has allowed the opportunity for parents and teachers to have access to quality food weekly without the stress of going to the grocery store. This project is a participant run initiative both during the baking process and the sales and staffing component with funds going to future outings and needs of the Daybreak program. The market runs from September until December and from May until the last week of June.

Growing Independent Facilitation in London/Thames Valley

Families & Allies in the London/Thames Valley area have formed a working group to ***increase access for any person who has a disability or developmental disability.***

Independent Planning & Facilitation is provided by someone who is separate from direct service, support & advocacy agencies.



Independent Facilitators help people by:

- ❖ Building trust over time through an ongoing working relationship with the person, their family & network
- ❖ Supporting the person to develop or nurture their network
- ❖ Helping the person to express & develop a life plan that uses ordinary community resources as a first resort
- ❖ Working from values of informed choice, self determination & respect

The London/Thames Valley Steering Group on Independent Planning & Facilitation is currently gathering information on various ways to offer this service in our area. We have received some support for these activities through the Ontario Independent Facilitation Network's Independent Facilitation Demonstration Project, funded by MCSS.

As a Family Member, you can:

- ❖ Stay informed by attending events and ensuring you are on our mailing list
- ❖ Join the London & Area Family Network
- ❖ Share information with other families you know

For more information locally please call Diana @ 519 350 5423 or email londonfamilynetwork@gmail.com We also recommend the Ontario Independent Facilitation Network (OIFN) website, www.oifn.ca

ARTworks

Mixed Media 3-D Name Sculptures

Participants in the Fun with Mixed Media art class created spectacular name sculptures!! This project was a great opportunity to familiarize and experiment with art materials. We began by drawing out each letter of the first or last name in large block letters. Once they were cut out, each participant had the choice of decorating each of their letters (back and front) however way they wanted, using any of the art materials provided! Some of the popular art mediums used were spray inks, markers, buttons and scrapbook paper!



*Can you find all the letters?
(CLAUDIA)*

One of the most exciting parts was constructing the letters onto a foam core base. We spent some time designing, problem solving and rearranging letters in a manner that would look the best in the end. These sculptures took several weeks to complete and the results were a crowd pleaser!

Mixed Media Snowmen Art

Fun with Mixed Media is back at it again! It was only fitting to create a snowy art project. Our participants got into the cold, winter spirit and created these colourful, silly and one-of-a-kind snowmen pieces! We spent the morning exploring, experimenting and being creative with a wide range of art materials. From traditional paints to creating stamps using bubble wrap, the participants found it fun and relaxing, while getting a bit messy!



Each artwork used over 10 different materials! We added paint, ink, doilies, ribbon, twigs, rocks, scrapbook papers, gems, fabric, pre-cut letters, pom poms and more! The participants enjoyed building layers of scenery before decorating their snowmen.



They each chose a snowy phrase, quote, or funny message to add to the background. Some of the ones that gave the class a big smile were:

Claudia's : "Snowmen fall from heaven unassembled"

Dillan's : "Winter is a belly full of Happiness"

Through this guided art experience, it is evident that our participants have unleashed their inner creativity!

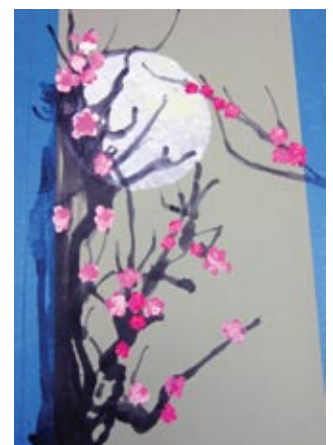
Amazing Acrylics Cherry Blossom "Blow Art" Trees

In celebration of Chinese New Year's, our participants in the Amazing Acrylics class made inspired Chinese brush-painted scroll art. Participants learned techniques on creating a moon using a stencil, sea sponge and paint. We then created black trees and branches in the foreground using loose acrylic paint and a straw.

Everybody had a blast watching the paint spread and curl across the board. No two art pieces looked alike!

Once the trees were complete and dry, we moved onto creating flowers using a mixture of pink, white and red paint. We had the option of using fingertips, a Q-tip, or the back of a pencil to add dots of colour on the branches. You don't need to use a paint brush to make fabulous art!

Some of the participants decided to also add Chinese symbols!



Music!

We're excited to have a fleet of baritone ukuleles to incorporate into our spring guitar program! Baritone ukuleles have many similarities to guitars, but they're lighter than guitars, and all the chord shapes are transferable to a guitar. Plus, they're cheaper! And you can't help but love the bright, cheery sounds of a ukulele. Thanks so much to the generous donor who made this possible.



wonderful and engaging wall art.

These pieces will be part of Hutton House's upcoming Re-framing Abilities Art Exhibit, March 21st-April 1st at The Arts Project.

Hope to see you there!

Ladies Group

The Ladies Group was busy at Christmas time doing a lot of baking.



Studio Artist Program

Studio Artist participants display their diverse abilities when it comes to making art. Not only do they express their creativity through paint and ink, here they use glaze to finish their own, handmade, ceramic tiles. Using their ever growing pottery skills, each artist has produced a series of tiles to form some



For Valentine's Day they made lovely cards.





For actors, it's the stage. For athletes, the podium. For politicians, their government seat. And for artists, a public gallery is where they go to shine.

Hutton House presents...Reframing Abilities - an exhibition unlike others in London. The thirteen artists presenting their works hone their skills at a weekly group held for people with disabilities. It's called the Studio Artist program.

Art instructors Theresa Van and Margaret Thornicroft are preparing the exhibition for display at the Arts Project in downtown London. Van is excited about the opportunity to prepare the group for the public display of their work. "Our participants use art to communicate to the world. This exhibition reveals their unique voices, creative expression, dedication, independence, and the ability to integrate themselves into the community as capable and amazing artists," she says with pride.

Thornicroft has been running the Studio Artist program at Hutton House for several years.

"We recognized the raw talent within a group of our students. We wanted to develop this, as visual art can develop a range of skills and competencies. Not just creativity, but, also in social and emotional learning, mental health, fine motor skills and literacy. All are critical tools for engagement in living throughout our



lives," says Thornicroft.

The artists have been working diligently within their own abilities to contribute to the show. While their works of art will be for sale, they don't really do it for the money.

"A professional art show will enable them to have an experience that they can get from no other source; through such an experience, it helps them to discover what they are actually capable of doing.

I want the participants to be proud of their accomplishment and showcase it to the world," says Thornicroft.

It is within the Hutton House

mission to focus on each individual's strengths, abilities, and interests. In the Studio Art program, Thornicroft and another artist/instructor, Theresa Van help the artists on a one-to-one basis where needed. But most of the students work independently. "It's a wide, diverse range of talent. We are there to coach, encourage and guide their creativity," says Thornicroft.

The instructors have taught their adult students how to use specific mediums in relation to acrylic, water colour, pen, ink, and collage. They have also taught them how to view aesthetics, and about the freedom and joy of colour.

But the students have also taught Thornicroft and Van a few things. Thornicroft rhymes off several, "The realization that the artists are very capable and accomplished artists, visual arts celebrates multiple perspectives; that there are many ways to interpret the world, and small differences can have large effects."

People attending Hutton House presents...Reframing Abilities at the ARTS Project in downtown London will see those things first hand as well as some interesting works of art.

For more information, visit the ARTS Project or call Hutton House at 519-472-6381.





West Haven

Charity Golf Classic
for



Hutton House

**Register By May 17th
and save \$25 per golfer!**

Registration Fee: \$250

*Includes golf, cart, prizes,
lunch and gourmet dinner.*

Wednesday, July 12th

To Register...

Phone: **519-472-6381**

Email: events@huttonhouse.com

Website: www.huttonhouse.com



Unique Format

6 Holes Best Ball

6 Holes Scramble

6 Holes Alternate Shot

Compete in 2 person teams.

(Total minimum handicap of 20.)



Hutton House Customer Service Commitment

Our most important customer is YOU.
In a safe, supportive and respectful environment

We will work together

With open and honest communication
to enable you to discover
and achieve your goals.

Life Coaching

**Can I
Help You?**



Our Social Worker can provide individual counselling to help with personal issues and in locating community resources. Support is also available to complete forms for various services including ODSP, housing, CPP and assistive devices.

For more information, contact:

Lisa Havens, MSW, RSW at 519-472-6381 ext. 240

lisah@huttonhouse.com

Adult Education

On Tuesday the 6th of December, the Adult Education program held their second annual Poetry Slam here at the Hutton House Learning Centre. Learners engaged in tutoring, as well as those from Sally's Gateway to Learning Program, spent time during the month of November reading and writing poetry. The poems from group classes centered on colours and feelings. They beautifully highlighted the diverse interests of our learners. The Adult Education Program received many passionate poems this year which are being printed in a collection for our writers. Those who could make it to the Slam had a chance to practice their public speaking skills and share their poetry with the group.

Our event was privileged to have Jason Martell provide an introduction to the Slam. Jason is the Literacy Coordinator at Nokee Kwe. He also happens to be an inspired writer and Slam Poet. Mr. Martell had such a good time sharing words and rhymes with our learners that he has insisted on returning next year. It was a pleasure and privilege to have him at the event.

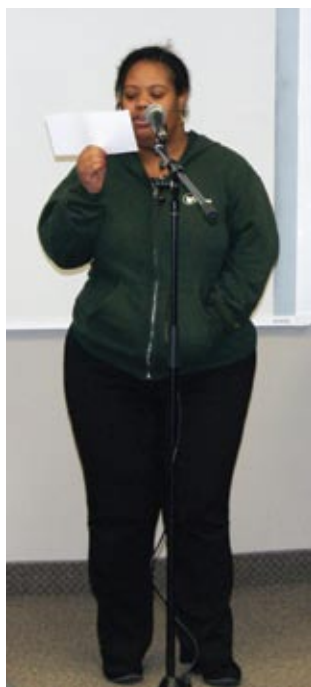
However, the biggest contributors of the day were of course our poets! The Adult Education Program would like to thank all of the learners and their tutors who worked hard to make this event a success. Keep writing. Practice and play with words to make them your own. As was demonstrated, words are powerful and fun tools.

We hope to see an even bigger turn out next year!

Venezia reading her poem about colours.



Jason Martell sharing some of his slam poetry.



Not YET

I can't do this ... yet!
I don't understand ... yet!
I can't find it ... yet!
I don't know ... yet!
Place your bet, with a YET!
—Sally

Joey

J is for joyful because I am always happy
O is for open-hearted, I am kind loving and honest
E is for energetic, I like to be active
Y is for youthful, I am very young looking
—Joey

USA 2016

The very great US of A,
It isn't very far away,
And when they have an important vote,
We in Canada take note.
On Tuesday, they elected Donald Trump.
They should have elected Forrest Gump,
He would have kept Obama Care,
Also handed out chocolates everywhere.
Forrest would have said, "Why build a wall?"
"When it's more fun to go to the mall!"
Besides if it is built too tall.
It is sure, someday, to fall.
Forrest says, "Let's limit guns,"
And save the lives of all our sons.
Let's promote immigration for all
"Please come in," he says, "Ignore the wall."
"We won't build it at all."
Forrest says, "America is great."
But we need to get rid of hate.
In conclusion, love and acceptance can't wait!
Let's change our fate before it's too late.
—Amanda



Cal is congratulated by his tutor, Faye, after presenting his poem.

Trip to Uncle Tom's Cabin

I got interested in Uncle Tom's Cabin from reading a book in a biography series at Hutton House with my tutor. The book was called Harriet Tubman about a black woman who helped slaves escape through the Underground Railway from the southern states in America to places as far away as Canada. I was surprised to learn from my tutor that one of those places was Dresden, Ontario where a historical site is located for tourists to see how former slaves settled in Ontario. I decided to visit Uncle Tom's Cabin in Dresden.

The most memorable thing for me was Josiah Henson's cabin which was very small. It was one room with a bed, woodstove and a basin. I couldn't believe people could live in such a small space. I still can't believe after learning about slavery that people were treated so badly that they had to escape to places like Dresden to have a better life.

I learned about black history in Ontario and hope everyone can get the chance to visit this historical site.

By Simone Brennan



Simone was inspired after reading a book in Adult Education to take her own field trip.



The Harris House



Inside the Harris House

Employment Services

December 9th, 2016 was the last day of our first ever Housekeeping Course, part of the new Hospitality Program at the Learning Centre.

With 5 participants who completed the course, two have already secured employment in the Hospitality Sector.



Coming Events

Reframing Abilities

The ARTS Project

March 21st - April 1st

Opening Reception March 22nd @6:30 pm

Volunteer Recognition Night

Thursday April 20th

Adult Education Awards

Eagle Heights Public School, June 7th @ 7:00 pm

West Haven Charity Golf Classic

West Haven Golf Club, Wednesday July 12th

*We have your next
great employee!*

Contact Gord Fansher via phone 519-472-1541 ext. 250
or email Gord@huttonhouse.com

Join Now!

**Memberships at the Hutton House
Fitness Centre
are only \$15 per month!**

Our Mission:

Hutton House promotes and supports persons with disabilities through learning and life enhancing programs that focus on each individual's strengths, abilities and interests.

Vision:

Persons with disabilities have equal access to participate in all aspects of community life.

Board of Directors:

Jean Knight - President,
Nancy Van Spronsen - Vice President,
Paul Coulter - Past President,
Peter Holland - Treasurer,
Jeanette Dutot - Ex-Officio

Directors:

Claudia Bayona,
Neil Harris,
Tilda King,
Jacqueline Madden,
Philippe Morin,
Gordon Nudds,
Eric Riley
Julie Watson

Charitable Registration
(Bn) No. 10807 1861 RR0001

Visit

www.huttonhouse.com
for Events & News updates

“In House”

Next Publication Deadlines

June 9th, 2017

October 13th, 2017

February 10th, 2018

We gratefully accept articles, personal stories, and photos involving participants of Hutton House.

Please submit information directly - and early - to
Lori@huttonhouse.com



Hutton House

Supporting youth & adults with disabilities