



In House

A Newsletter to our Community

January 2019

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Forest City Comicon

Forest City Comicon is London's very own comic convention that allows Londoners to dress up, feel fierce and indulge in their favourite fandoms. Hutton House had the pleasure to once again take part in the fantasy fun and witness all the elaborate costumes, props, merchandise and celebrities! Our Hutton House photobooth captured the moment for many London Comicon goers in their very impressive attire, but more than that, our photo booth allowed people to feel confident and creative in who they were, doing what they love. Our goal for the London community is to help individuals believe in themselves and thrive in all their wonderful endeavours with confidence, something our life enhancing programs aims to do. With a large variety of holistic activities, Hutton House participants can build skills and take part in programs that appeal to their interests, including, art, music, theatre, pottery, fitness, literacy, lifeskills, voluntarism and employment services. We hope everyone who attended our booth enjoyed their time at Forest City Comicon as much as we did.

www.huttonhouse.com

Adult Education

Funding for New Courses!

The Adult Education program is pleased to announce that it received funding from the City of London to run three innovative courses in 2019.

Budgeting – This course will be taught as a simulation. Learners will get practice on keeping track of a bank account on a weekly basis, paying the rent every month, and dealing with unexpected expenses, just like in real life.

The Apps Class – This course will teach learners how to use useful apps on their smart phone to make their lives easier and increase independence. Apps can help with transportation, grocery shopping, health, and almost any life skill. Accessibility apps will also be introduced such as text to speech and speech to text to help with reading and writing.

Skills for Learning and Life – Missed appointments, inconsistent attendance, and lateness can interfere with the ability to access service, maintain employment, and benefit most effectively from courses or services. Time management, learning strategies, healthy living strategies (including getting a good night's sleep), and accessing community services will all be covered in this unique course.

More information will follow, or you can ask Adult Education staff for details.

The Postcard Project!



Learners wrote messages about places they have been or would like to go. The postcards are on display on a giant "suitcase" in the hallway at the Learning Centre.



The Learners Club

The Learning Club started in September through the Adult Education program. This three-hour, fee-for-service small group class offers work on reading, writing, math, money skills, communication, and spelling in a fun interactive environment. Skills are practiced through



Participants work on communication and problem solving skills while playing a game.

group activities, work on individual goals, technology, and games.

Contact staff in Adult Education if you would like to join the fun. (The groups are currently full, but new groups could be added).



Participants are hard at work on their own goals.

Writing Classes

Some dedicated learners came to the Learning Centre once a week over the summer to work on essay writing. Most of the punctuation rules, some grammar, and the steps needed to write an essay were studied. It turned out to be a lot of fun, and everyone learned a lot. This fall, Writing Boot Camp covered all of the basics needed for various types of writing at home, at work, and at school. Learners had the opportunity to practice these skills in their writing. They will have a very solid foundation when they finish this course.

Donor Corner

Every now and then we have the opportunity to showcase performances within the arts to participants, their families and friends. This provides an opportunity for everyone to see the hard work that goes into each course offered within our ARTworks programming.

This year, an anonymous donor has committed to \$7000.00 to go towards enhancing our ability to experience filming and recording in a whole new way. The donation allowed us to purchase film equipment and software, sound boards and field trips to productions for inspiration! Thank you for this opportunity!

If you or someone you know is looking to enhance a program at Hutton House and would like to take part as a donor and learn more, please call us at 519-472-6381.

Volunteer Services

Good Times at the Golf Tournament



The main event of the summer for our volunteers is the Hutton House Annual Golf Tournament. This year the golf tournament raised over \$40,000! We had a lot of fun while helping this year, with the addition of a giant Plinko game to win a gift basket and a lemonade stand which our LIFEworks 3 group ran for our golfers. Special thanks to all of the volunteers, staff and program participants that contributed to the success of the day! We invite you to join us and make the 23rd Hutton House Golf Classic at West Haven another great success on July 17, 2019. Contact the Volunteer Coordinator, Roberta at roberta@huttonhouse.com to help with the planning, prep and/or volunteer on course during the day or for the evening silent auction. It's a lot of FUN!

Calling All Volunteers!

We are recruiting volunteers for our Spring programs and beyond! It is always a pleasure to meet new volunteers, hear their stories and learn what motivates them to volunteer, and gratifying to see the connections volunteers and program participants make. It's a mutually rewarding experience!



Volunteer Orientation – Roberta, Volunteer Coordinator, on right in photo, recently welcomed new volunteers

One of the great aspects of Hutton House is the wealth of volunteer opportunities available to suit many different skills and interests, from tutoring to make-a-zine, bowling to writing boot camp! See the program calendars on our website www.huttonhouse.com for the arts, fitness, leisure, music, theatre, Adult Education, one-to-one or group volunteer opportunities we offer.

Volunteers Speak Volumes...



Nicole Takken has been a tutor volunteer since 2017

As someone who has returned to volunteer for Hutton House during your university years, what has kept you coming back?

As a university student, my schedule is quite busy with classes, assignments, and extracurricular activities. Hutton House provides the opportunity for students to volunteer around their schedule and commit to a feasible number of hours each week.

Hutton House allows me to contribute to my community in a meaningful way while still being able to complete my studies.

Memorable experiences?

For as long as I can remember, teaching has been a passion of mine. It is such a rewarding experience to teach others new material and watch them excel in this material later on. The most memorable experience I have had is when my learner took the time to tell me that they have never been taught like this - a one-on-one experience was quite sparse for them throughout their education. They appreciated that I took the time and patience to teach them in the manner I did. I will always be proud that my learner was able to learn effectively from my techniques.

What are the benefits you feel personally from volunteering?

The benefit of tutoring for everyone is the relationships and positive environment we experience when there. Even though I am a tutor, I feel like I am learning something new each session. Additionally, I think it is so beneficial for both the learners and tutors to be involved in the local community in such a rewarding way. I would describe it as a positive, fulfilling and enlightening experience.

Volunteers Speak Volumes Cont.



Rosemary Mills has been a volunteer receptionist at the Learning Centre since 2011. She has shared her knowledge of the role by training new volunteer receptionists and has received an Ontario Volunteer Service Award in recognition of her years of service.

What do you like about volunteering at the reception desk?

I like meeting and greeting clients and helping to answer their inquiries.

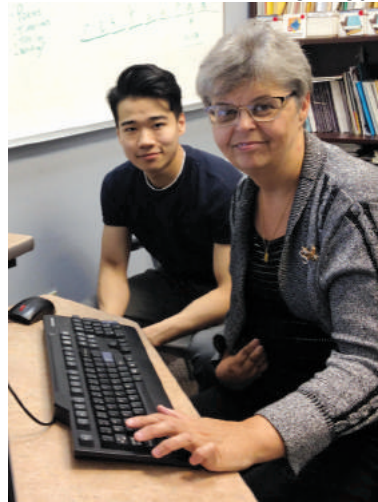
Memorable experiences?

The best time I've had while volunteering is getting to know new participants as they wait for their appointments or tutors.

What are the benefits you feel personally from volunteering?

I think the benefits of volunteering for me, is getting out of the house and getting to meet new people and interacting with them.

Kenneth Huang student volunteer!



Kenneth Huang started volunteering last Sept. in the fitness centre, and has expanded his role this year to also include tutoring.

I still remember when the Volunteer Coordinator took the time to personally drive me between the different Hutton House locations and show me the diverse programs that I could possibly be involved in. I was well-informed in the purpose of the organization and provided the necessary resources so that I could help to my full potential.

As someone who has returned to volunteer for Hutton House during your university years, what has kept you coming back?

I continue to volunteer with Hutton House because of the amazing support system within the community. Volunteering requires commitment not only from the volunteer, but also from the staff. This was truly the case with Hutton House where I found a welcoming environment from the moment I came in for the orientation.

I also decided to continue volunteering with Hutton House this year because of the relationships I have developed with the participants in the program. I'm invested in their progress and seeing people improve in their goals is truly rewarding.

What do you like about your different volunteer roles?

I enjoy volunteering at the gym because I can incorporate my interests in fitness and help improve the active lifestyle of the participants. Exercise is an activity that anyone should be able to take part in, however, sometimes it may be difficult for participants to see themselves taking part in specific workouts. I like that I can help introduce different methods of approaching physical activity to people.

I have found that being a tutor with the Adult Education program is just as rewarding, but in different ways. I enjoy the challenge of giving my learners the necessary tools to tackle their subjects. My volunteer experience both in the gym and with tutoring has been supportive, motivating and rewarding.

Stay tuned for Kenneth's Interview Part 2.....



There is always something new to get involved in at Hutton House! Learn more about our volunteer roles and the steps to become a volunteer on the volunteer page of our website at www.huttonhouse.com

We are always open to volunteers sharing their unique talents to provide a fun new experience for our program participants.

Do you have a particular skill or hobby, be it musical, dance, art, crafts, cooking or another specialty that you could share with a group? Contact our Volunteer Coordinator for special guest instructor opportunities! roberta@huttonhouse.com

Like us on Facebook  <https://www.facebook.com/HuttonHouseLdn>

Follow us on Twitter  <https://twitter.com/huttonhouseldn>

Watch us on YouTube  <https://www.youtube.com/user/HuttonHouseLondon>

Follow us on Instagram  [huttonhousefitness](https://www.instagram.com/huttonhousefitness) [huttonhouseartworks](https://www.instagram.com/huttonhouseartworks)
[huttonhousepottery](https://www.instagram.com/huttonhousepottery) [hutton.house](https://www.instagram.com/hutton.house)

Access Voluntarism



St. Joseph's Hospice Volunteers

On October 11, 2018, we held our annual Access Voluntarism Celebration. Volunteers and partner agencies were presented with certificates of appreciation, followed by fun with our photo booth. A big thank you to our volunteers who contributed approximately 10,000 hours to help their community, and as well to all of our partner agencies for their continued support of our program. If you are a not for profit agency looking for dedicated volunteers, please contact us, we have lots of people looking to give back!



Leeanne & Linda from Mission Services Thrift Store



Ken from Hutton House



Valentina & John from Storybook Gardens

Warm Wishes from Access Voluntarism!

The Access Voluntarism team would like to wish Lori Francis the best of luck in her new role at the Hutton House Main building. Lori you will be missed!

Storybook Gardens

“It was another great season at Storybook Gardens. Throughout the summer, we had over 60 participants volunteer regularly at the park. It was a wonderful experience to get to know each volunteer as they worked away at Storybook Gardens. Their dedication to keeping the park clean and engaging with their community was very impressive. I felt as if I was welcomed to the program with open arms by long-standing volunteers (some of them have been keeping Storybook clean for over 15 years!) and the Storybook Gardens staff team. Many volunteers grew in their own independence over the course of the summer – it was a great opportunity to watch as some volunteers stayed close by my side during their first few shifts and then transition to walking around with a fellow volunteer, chatting and collecting garbage, by the end of the summer. The Access Voluntarism program at Storybook Gardens provides a great opportunity for many volunteers to contribute to the London community, and it was an honour to be a part of the program, even just for one summer!” *Tori – Storybook Summer Student*



Pictured: Mike, Michael, Valentina and Tyler

Hutton House Best Buddies Program



Best Buddies is back again with our friends from Kings University College. Our growing chapter is looking forward to more fun filled events and spending time getting to know our new friends on a one to one basis. If you would like more information on the Best Buddies Program, please call Jen at 519-472-1541 ext 239 or email at jenniferv@huttonhouse.com

Skills4Life

It's hard to believe that just a year ago, the Skills4Life and LIFEworks 4 programs were in a pilot space, behind the Hutton House Day Break Program at 140 Ann Street. The partnership was wonderful and the support that each program provided to participants and staff was impressive. We are happy to announce the location of our new space for the Skills4Life and LIFEworks 4 programs. It is located at 781 Richmond Street. A wonderful location close to shops and amenities which will positively impact participants of either program with community involvement, goal setting, life skills training and engagement. The location boasts open areas, a wonderful accessible kitchen, space to congregate and smaller offices to focus on individualized goals and endeavours. We hope to hold a community open house in the coming year to showcase our new space. More information for this event will be posted on our website so please watch for it!

If you are a community member or partner agency that is interested in using this unique space during off-peak hours, please contact us to find out more! We can be reached at 519-472-6381.



Skills4Life has been very busy this fall! We welcomed back several team members, as well as introduced Rebecca, the newest member who joined at the start of September. Everyone is enjoying the new space! Participants are especially enjoying the couches in the living room and the large kitchen to practice their cooking skills. We want to send out a huge thank you to Kaitlyn and the Daybreak team for providing respite services for the Skills4Life participants during the week of the move. The participants had a blast and it allowed the team a full 3 days to unpack and get settled into the new space.

Our participants are working towards their goals at the gym, volunteering, cooking, and academically. Some of their highlights have been developing gym programs with Kristy and learning to ride the city buses independently! We are looking forward to organizing some fun outings such as a trip to the movies and going to a restaurant for lunch.

Fitness & Wellness



Michael Hollis is a prime example of a dedicated Hutton House fitness centre member. Michael is extremely dedicated to the fitness and wellness programs at Hutton House; he is in the gym four times a week. Michael works with a personal trainer and participates in group circuits. During the circuits, he shows leadership by helping the other participants stay motivated and focused during each station. He shows dedication and commitment in the gym when working with a trainer, and is getting stronger each week. Michael is now squatting 85 pounds, benching 75 pounds and is able to deadlift 95 pounds! He is committed and will only go up from here! Michael always gives 110% in the gym. Michael is extremely involved in Special Olympics competing in 10 Pin Bowling, basketball, softball, golf and running clubs. Michael is in the gym training to get stronger so he can improve in all of these sports. Michael participated in a big 6km race in October called the Turkey Trot, with his dedication to training we know Michael's efforts in the race was one hundred percent which makes all of us at Hutton House extremely proud.

Join Now!
Memberships at the Hutton House Fitness Centre
are only \$15 per month!

LIFeworks 2

We had an action-packed summer in LIFEworks 2.

After earning some new fundraising money by selling our homemade meals from our cooking class, we decided it was time to have some fun. After some brainstorming, we decided to head over to a new local attraction 'Flying Squirrel', an indoor trampoline park. To say we had a blast would be an understatement. We climbed rock walls and fell into foam pits, we swung from ledges onto giant air pillows, and even played dodgeball on a bouncing court. We really enjoyed our time at Flying Squirrel, and will be sure to return in the future.



Some other highlights of our summer included a private pottery class making Art Deco tiles, and a trip to Port Stanley complete with a pit stop at Shaws Ice Cream for a cool treat on the way home.

Although we had a wonderful summer, we are excited to jump into the many fun festivities planned for the next few months and can't wait to share our adventures.

New Funding

Ontario Trillium Foundation- Grow Grant

Thanks to the Grow Grant we received from the Ontario Trillium Foundation our Pottery Studio is busier than ever with more classes and workshops! This fall we introduced a new workshop which gave 6 participants the chance to try throwing on a pottery wheel. The small class size ensured that each participant got lots of support from the instructor, which is a must when starting off on a wheel. We were also happy to welcome a guest instructor, Dauma Stirbyte, who is going to lead a workshop showcasing her unique artistic style.



Ontario Trillium Foundation- Seed Grant

The Fitness Studio is excited about a Seed Grant we received from the Ontario Trillium Foundation. Through this grant we have hired a staff who will provide exercise and wellness classes for seniors aged 65+ over the course of one year. Stay tuned for updates on how this new initiative is going!

South West Local Health Integration Network (SWLHIN)

2018 has been a fantastic year full of funding opportunities! In March of this year, the Hutton House Day Break program on Ann Street received funding to purchase a new accessible van, new dining room tables and chairs and iPad Pros. The total funding allotment was \$119,500.00! The new accessible van arrived in October with the Day Break participants breaking it in with a trip to the Toronto Zoo. We would like to take this opportunity to thank the South West Local Health Integration Network (SWLHIN) for this amazing opportunity to enhance participant experiences.

Social Worker Services

Can I Help You?



Our Social Worker can provide individual counselling to help with personal issues and in locating community resources. Support is also available to complete forms for various services including ODSP, housing, CPP and assistive devices.

For more information, contact:

Lisa Havens, MSW, RSW at 519-472-6381 ext. 240

lisah@huttonhouse.com

LIFeworks 3



What a summer! We have been working hard in LIFEworks 3, and are ready for a relaxing time ahead. We spent our summer giving back and working hard. We had many volunteer opportunities including Storybook Gardens, the Hutton House

Golf Tournament, and Moksha Yoga.



Moksha Yoga has given us a great opportunity to channel our inner Yogi. Once a month we head on over to Moksha Yoga London West and take part in an energy exchange



program tailored just for us. For 45 minutes we work hard and clean the studio from top to bottom.

After we finish cleaning, the studio shuts down just for us. We have a wonderful teacher Liv who then takes us through a private yoga class! It has been so nice to have our own class with the same teacher month after month. Each time we return we try new yoga poses and find ourselves getting better and better! This has turned out to be a wonderful and mutually beneficial exchange that we look forward to every month!

Although we have been busy giving back, we did manage to have some fun too! This Fall we ran our own vendor stand at the Masonville Mall Farmers Market selling veggies from Sunnivue Farms, Hutton House pottery and much more! We also flexed our artistic muscles in the pottery studio making mugs and made beautiful paintings using a new pouring technique. We also made groovy tie dye tee shirts that you will be sure to find us wearing around the main building for months to come.



Board of Director News

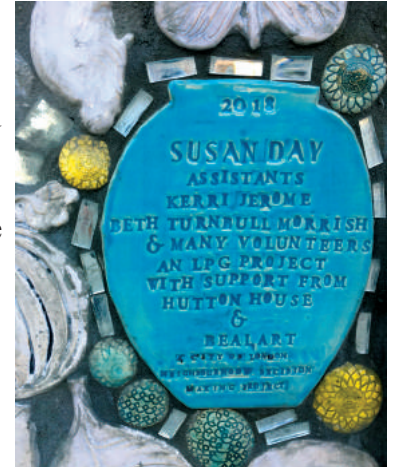
The Hutton House Board of Director's would like to welcome Wendy McGowan to the Board. Wendy has served on other local boards. We welcome Wendy and look forward to working together to meet the organization's goals and determine future directions.



It's official, we have become the ultimate worker bees and fundraisers around. We joined forces with the LIFEworks 3 program for the summer and opened our very own vendor stand at the Masonville Mall Farmers Market. We operated every Friday and took part in the full management of the tent. We sold local organic fruit and veggies from Sunnivue Farms, pottery from our in-house pottery studio, and other local artisan goods. We became so inspired by the other vendors selling their homemade goods that we decided to make our own things to sell as well. Selling food products at the market is a lot of work, and we had to follow strict guidelines to allow us to sell to the public. It was great seeing all of our hard work pay off as we sold our items each week at the market! Our market stand was a great success this season and although the market season is over it has been a great season learning about all the hard work involved in running our own small stand!



In the heart of the Old East Village of London, Ontario, a community project full of life and colour brightens the streets of the artistic end of our neighbourhood. Located on the North West corner of Dundas and Elizabeth Street and also on one of the parking lot gateways just North of that intersection on the East side of the street, beautiful pottery pieces are brought together to create an awe-inspiring mosaic. Hutton House



pottery and participants have had a strong voice with both tiles made (the houses by various participants and the owls carved by participant Michelle Beauchamp) and firings done in the Hutton House pottery studio kilns. The mosaic brings many various populations together to create beauty in this neighbourhood in transition. It is powerful



to watch our participants, groups of Ysiri (Iraqi minority group) women and children, or people who experience homelessness, (to name just a few of the groups involved) come together to make these tiles, which then become these beautiful surfaces. With community projects like this, we are transforming the neighbourhood and ourselves in the process.



Employment Services

Ontario Works, Works.

Kevin Brown came to the Hutton House Ontario Works (OW) program in 2014, being off and on OW for over 15 years and going nowhere. He followed all the steps required by the OW program; workshops, networking, interview skills etc. and Hutton House's Employment Services sector was able to job develop a placement for him right here in Cherryhill Village Mall at Buck or Two! He then moved to St. Thomas where he was hired at Discount Max. Kevin has taken his transferable skills to an even higher level employment position, as Quality Control Engineer at CDC warehouse in St. Thomas where he started on July 24, working in a copper tubing warehouse. His new position focuses on damage inventory control, picking orders, shipping and receiving, and hitching and unhitching trailer beds. He is able to apply what he has learned through OW to everything in his new career!

Kevin has battled addiction for years as well and changed his life around when he started in our program in 2014. We are so proud of him and all that he's been able to finally accomplish after many years of dedicated hard work!

GPS

Goals Preparation Skills or GPS has started back up this year. GPS is a job placement program with 3 weeks of in class training and 12 weeks of placement. Participants need to fit the following criteria:

- Do you have a disability? (Anxiety, depression, physical barrier, learning disability, ADHD, ADD, epilepsy, etc...)
- Do you have little or no work experience?
- Are you between the ages 15-30?
- You have NOT collected Employment Insurance within the last 3-5 years
- Able and available to work 30 hours per week?

If you are interested in becoming a participant please contact Megan 519-472-1541 ext 232

If you are interested in becoming a work experience placement please contact Crystal 519-472-1541 ext 230

Passport to independence

Cassandra has been on many adventures with her new Passport Support Worker that she met with the help of Hutton House. Cassandra loves animals and fitness and her support worker has been able to find many opportunities to explore the things Cassandra enjoys.

They have attended a yoga class at a local farm where Cassandra got to enjoy the company of many barn animals. Cassandra also started attending her local gym and is now attending on her own, what an accomplishment! Continuing efforts to access more in the community, Cassandra and her Passport Support Worker are planning on taking a trip to Ripley's Aquarium of Canada in Toronto. Like many participants who have access to Passport funding in our community, Cassandra has limited Passport funds. With unique budgeting ideas that Hutton House has developed with her, she is now more involved in her community.

If you have Passport funds and are interested in help with budgeting or hiring a support worker through Hutton House, connect with Sarah McRae- Passport Facilitator at (519) 472-6381 x.247 or sarah@huttonhouse.com.



Cassandra and her doggy friend visiting the Fanshawe Pioneer Village

A circular graphic with a crowd of people in the background. Inside the circle, text reads: "LOOKING FOR WORK? We can help you stand out in a crowd. HUTTON HOUSE EMPLOYMENT SERVICES Call Megan: 519-472-1541 ext. 232 or send her a TEXT @ 226-919-8847".

Summer Student Reception with Kate Young

During the summer, local MP Kate Young hosted a Summer Student Reception for those participating in the Federal Student Work Experience Program (FSWEP). The reception focused on the students who have found full-time placement during the summer or part-time job placement throughout the year thanks to federal support. The program allowed young adults to try on different roles in relation to their career goals. Students were able to find unique jobs, test out their skills, and experience job security. Hutton House was pleased to attend the Summer Student Reception and share our experiences as well as hear from other students from around the city who have benefitted from the program. It was great to see all of the unexpected job opportunities available in London and all the students who participated in the program reap the benefits of their hard work by being celebrated and thanked by Kate and her team. Thank You Kate for having us and implementing a program that provides many learning opportunities to the youth of London.



***We have your next
great employee!***

Contact Kim Neable via phone 519-472-1541 ext. 229
or email Kim@huttonhouse.com

Doors Open London

This year, Hutton House had the wonderful opportunity to be a part of a citywide local event titled Doors Open London. Doors Open London is a city effort to engage the London community with local vendors, historical venues and community organizations that are hidden gems of the great Forest City. The Doors Open London event acts as an open house to a variety of different organizations, highlighting the endless possibilities of fun as well as educational things to do in the city. Hutton House participated, showing off our Wonderland Road North location. Visitors had the freedom to tour our facilities and find out more information about the programming that we offer and the diverse usage of our



facilities. Our Hutton House theatre group, known as the Hutton House Players, presented a mini movie which was created in collaboration with a Fanshawe College film student. The performance showcased the movie and encompassed a live presentation aspect, which touched loosely on historical London events. In our in-house pottery studio, community members were welcome to participate in a collaborative community art piece. Guests were encouraged to decorate raw clay Hutton Houses with stamps and personalized designs. After the event, our potters fired the houses in our state of the art kiln and glazed the pieces; adding colour to the creations. We would like to thank all those that came out and visited us for Doors Open London, we had a great time and hope you all did too. Be sure to come by again sometime in the near future to get a look at the finished community pottery project, which will be mounted on the walls of Hutton House for all to see for years to come.



Pumpkin Bowling!



Ladies' Club had a Thanksgiving themed day! We played a fun and competitive round of Pumpkin Bowling using actual pumpkins! The ladies cheered each other on while trying not to smash the pumpkins down the lane! We spent some time

decorating delicious homemade sugar cookies with icing and sprinkles, a special treat everybody enjoyed. Lastly, we created an adorable and funny turkey craft using a pumpkin, foam and feathers. The ladies thought these would be great centrepieces for the holiday. Gobble, gobble!



Making of a Murual

Through a Grow Grant that Hutton House received in 2017 from the Ontario Trillium Foundation we had the amazing opportunity to have a guest artist come in and present a workshop this fall. Daumante Stirbyte, our guest artist, is currently the International Artist in Residence at the London Clay Arts Centre. Dauma taught a three-week workshop where 5 participants learned new ways of building wall hanging pieces. Participants in the workshop were able to build on skills they have already learned such as coils, pinch pots, and slabs, but were also able to learn a new skill of how to use a hump mold. To finish our pieces Dauma showed the class how to paint on and layer brightly coloured glazes. Happily, everything survived the kiln and Dauma led the class in a discussion about the final product of their work.



Collaborative Art Therapy

Collaborative Art Therapy is a therapeutic group that creates art together. There's something special that happens when we work as a team and connect through art and materials. This fall, we created a body mural during our first few weeks together. It is currently displayed at the main building!



Come by and take a look at the details up close! Each participant received a piece of a puzzle at random and were encouraged to be as creative as they wanted. We used a variety of art materials such as paint, watercolour, pastels, chalk, magazines, papers, and more. After all the puzzle pieces were complete (about 2 sessions), the group worked together to problem solve and attach the body parts. Many chose to represent their puzzle piece with personal things about themselves. It was then mounted onto black poster paper where the group divided it into 8 sections and worked on together in a single session. Chalk, pastels and gel pens were used on the black paper for a vibrant contrast. The goal was to develop a sense of self while instilling group cohesiveness and recognizing unique individuals belonging to a community. The support of the group and positive interactions have led to an incredible end result, both artistically and emotionally.



Hutton House Christmas Party!



The Hutton House Christmas Party took place on December 12th 2018 at the Four Points by Sheraton. It was a sold out event! With Hutton House participants, parents, family, friends and community members the afternoon was filled with fun, laughter, and non-stop dancing! Door prizes started off the afternoon and a Christmas photo booth ran by talented Hutton House participant Penny Moore was up and running to capture the day's fabulous festivities. Local London band, Wrif Wraf, got the place moving and grooving! Classic



Christmas tunes brought out the inner dancer in all party-goers. The dance floor was busy from the very first song to the very last, giving everyone the opportunity to enjoy themselves with their loved ones. The 2018 Christmas party was a tremendous success and we can't wait for next year! Thank you to everyone who purchased tickets and all those that came out to celebrate the holiday season. Thank you to the Four Points by Sheraton staff for the

wonderful meal and creating a memorable event. We hope you all enjoyed yourselves as much as we did; we will see you out on the dance floor next December!



Day Breaking News



Canadian
Red Cross

RED CROSS FIRST AID/CPR

Day Break has been out in the community on several excursions. Everyone at Day Break was so excited for the long awaited new passenger van. The first trip we took was to the Toronto Zoo. The participants were so excited to watch movies on the TV during the bus ride. At the zoo, the gorillas really put on a show. We all could have just watched them play all day long. A few of the participants were able to see a baby pygmy hippo named Penelope. On the way home, we talked about the favourite animals we saw at the zoo.

Participants went to the theatre production of the Music Man at the Stratford Festival. They sang along and enjoyed the performance. Some of our participants were very excited about going to Stratford and going to the Justin Bieber Museum. Unfortunately for some, he was not there in person. They came back talking non-stop about it.

Every Monday we head off to the Hutton House Wonderland Road location to do our morning exercises. Thank you to Kristy for inviting us to use the gym. The participants come back and tell us what exercises they did while they were there.

Thanksgiving was again a wonderful celebration. The food was plentiful and delicious. Everyone shared what he or she was thankful for this year. Halloween was full of scary snacks. The costumes were wonderful. There were crayons and a watch salesman.

From all of us at Day Break Happy Holidays.



***For unique Pottery & Gifts visit
the Hutton House Gift Shop!***

located at 654 Wonderland Rd. N, open Monday-Friday
8:30am-4:30pm

Hutton House @ the Market!

Visit us on the weekends at the Western Fair District
Market on the 2nd floor, located at 900 King st.
Saturdays 8:00am-3:00pm & Sundays 10:00am-2:00pm

Hutton House is a Canadian Red Cross Training Partner offering First Aid/CPR and AED courses to participants, partnering agencies and employers as well as the general public.

- Our qualified facilitator provides a learner-centred training plan that keeps participants engaged
- Small group settings provide the means to offer additional supports
- Programming is offered at the Hutton House Learning Centre in Cherryhill Village Mall
- Access to free parking, food court and grocery store
- Participant subsidy may be available, please speak with staff

COURSES OFFERED INCLUDE:

Standard First Aid/CPR – level C

- 14 hours of teaching time
- Learn adult, child and baby CPR and use of public access defibrillator (AED)

Standard First Aid & CPR-C Recertification (Current SFA/CPR C certificate required)

- 7.5 hours of teaching time
- Receive updates and refreshers

Emergency First Aid

- 7.5 hours of teaching time
- Includes first half of Standard First Aid course

Blended Learning

One day in class and one day online. Specially formulated for those that can not attend a regular two day in-class session. The online portion is at your own pace, while the in class date is from 9:00am-5:00pm

*Anyone who registers must be able to demonstrate the required skills contained within the course as well as complete the testing.

Non-Certification courses will also be available for individuals with a general interest in learning about First Aid.

**For more information, to inquire about prices
or to book a course, contact
Tami LaDouceur at 519-472-1541 Ext. 233**



West Haven

Charity Golf Classic
for



Hutton House

Wednesday, July 17, 2019

At

West Haven Golf & Country Club

**Register By May 18th
and save \$25 per golfer!**

Wednesday, July 17th 2019

Please join us for next year's Classic

Unique Format

6 Holes Best Ball 6 Holes Scramble 6 Holes Alternate Shot

Compete in 2 person teams.

Registration Fee: \$250 *Includes golf, cart, prizes, lunch and gourmet dinner.*

Sponsorship Opportunities

Tournament Sponsor \$7,000
(Includes golf for 8 & 4 additional dinner guests)

Gourmet Dinner Sponsor \$5,000
(Includes golf for 4 & 4 additional dinner guests)

Albatross Sponsor \$3,000
(Includes golf for 4)

Corporate Advertising Sponsor \$1,500
(Includes golf for 4)

Team Prize Sponsorships \$250/Team (4 available)

Dining Sponsorships: Lunch Sponsor -\$500 Hors D'oeuvres Sponsor- \$500

Wine Sponsor \$1,000
(Wine includes custom label with corporate logo)
All sponsors receive recognition for their contribution

For additional details please contact Jim Belton, Events Coordinator
Phone; 519-472-6381 x227

On the Course...
Pin Flag sponsor \$1,000

Hole Sponsorships:
- "Par" Hole Sponsor \$250

- "Eagle" Hole Sponsor \$725
(Includes 2 golf registration)

Contest Sponsorships \$300
(7 available)

To Register....

Phone: 519-472-6381

Email: Golf@huttonhouse.com

Website: www.huttonhouse.com

Coming Events

Family Day Closure

February 18th, 2019

Hutton House Easter Closure

April 19th to April 22nd 2019

West Haven Charity Golf Classic

West Haven Golf Club, July 17th, 2019

Visit

www.huttonhouse.com
for Events & News updates

Hutton House Customer Service Commitment

Our most important customer is YOU.
In a safe, supportive and respectful environment
We will work together
With open and honest communication
to enable you to discover
and achieve your goals.



Hutton House

Supporting youth & adults with disabilities

Our Mission:

Hutton House promotes and supports persons with disabilities through learning and life enhancing programs that focus on each individual's strengths, abilities and interests.

Vision:

Persons with disabilities have equal access to participate in all aspects of community life.

Board of Directors:

Jean Knight - President,
Claudia Bayona- Vice President,
Peter Holland - Treasurer,
Jeanette Dutot - Ex-Officio

Directors:

Wendy McGowan
Michael Ketelaars
Tilda King
Jon Lavkulich
Jacqueline Madden
Eric Riley
Bryan Smits
Cindy Smythe
Julie Watson

Charitable Registration
(Bn) No. 10807 1861 RR0001

“In House” Next Publication Deadlines

June 8th, 2019

October 12th, 2019

February 8th, 2019

We gratefully accept articles, personal stories, and photos involving participants of Hutton House.

Please submit information directly - and early - to
Lori@huttonhouse.com