

In House

A Newsletter to our Community

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A beautiful moment captured from the play "Birds Make Me Think About Freedom" performed by Sol Express from L'Arche Toronto

Birds Make Me Think About Freedom

A well-deserved congratulations goes out to the performers, musicians, cast, crew and everyone else that helped make "Birds Make Me Think About Freedom" a huge success! The Toronto based initiative, presented by Sol Express, showcased a one-of-a-kind performance with 2 sold-out shows put on at King's College. The play touched on some of the dark truths from a shameful time in Canadian history. A time when people with disabilities had to endure mistreatment and isolation while being wrongfully institutionalized just for having intellectual disabilities. The performance was colourful and expressive. Much to the viewers' surprise, multi-media components and magnificent live music composed of drums, singing, and storytelling accompanied the actors. After the show, the community partners set up a Healing through the Arts creative session where members of the community were welcome to paint their very own wooden bird representing freedom. The painted birds will later be added to a colourful community mural that will be on display in London for all to admire. Hutton House was proud to be one of the community partners along with L'Arche London, L'Arche Stratford, Community Living St. Marys, Participation House, London Arts Council and King's University College at Western University.

Adult Education



Jackson participates in an experiment about liquid density

Skills are practiced with group activities, technology, and games with a focus on individualized goals. This summer, the spotlight was on science! The participants learned about the 5 senses, chemical reactions, x-rays, and magnets! Many skills were worked on during these classes including hypothesizing, cause



Merry and Thea add different liquids to see which will make a reaction

and effect, and conclusions. Participants learned about these concepts with hands-on science experiments while asking questions throughout the process. The months ahead include work related to history, geography, writing skills, and more! Technology will be used during the classes to teach skills participants can use in the real-world including typing, research skills, and presenting topics.



Robyn adds her contribution to a group experiment about liquid density

New Learning Club!

Due to popular demand, an additional Learning Club is beginning in January. This new club will be similar to the current Learning Club programs; the participants will continue to work on individual goals, including spelling, math and money skills. This new Learning Club will have more time devoted to critical thinking, reasoning, and problem-solving. Technology will also be used in this club to promote life skills and goal planning.

Grant Announcements

Adult Education Grant Gratitude!



London
CANADA

In January 2019, Adult Education received a grant from the City of London to create and teach three innovative courses: budgeting money, life skills, and phone applications. A total of 84 participants attended the classes and gained valuable skills to apply in their daily lives. Thank you to the city for supporting learning opportunities.

Ontario Trillium Foundation Recognition Event!

On September 17th we celebrated two grants we received from the Ontario Trillium Foundation (OTF). October 2019 marked the end of the year long Seniors Fitness Seed Grant, and we are halfway through our Pottery Grow Grant.



The recognition event included a talk from one

Senior Fitness Instructor, Pottery Facilitator and respective program participants accepting plaques from Peter Flemming Ontario Trillium Foundation Volunteer Juror

of the jurors who was involved in approving the Pottery Grow Grant. We also heard from a senior who shared how much she enjoyed coming to the fitness classes as well as the benefits she and her husband felt they had achieved. We are grateful for the generous support we have received from the Ontario Trillium Foundation.

Capital Grant

Hutton House is excited

to announce that we received an Ontario Trillium Foundation (OTF) Capital Grant this Fall. The \$25,000.00 grant will allow us to install additional automatic door systems in the Hutton House Learning Centre located at Cherryhill Village Mall. It will allow us to address priority outcomes for the Foundation, reducing social isolation and by doing so, people who are isolated have connections in their community. By improving the accessibility within the location, it will provide a more inclusive space for our stakeholders. We will also be able to update our Emergency Call Systems for our 2 accessible washrooms in this location. Thank you again Ontario Trillium Foundation!



Access Voluntarism

AV Celebration Cancellation



Adam library volunteer at Wilfrid Jury Public School

Due to circumstances beyond our control, we were unable to hold our annual Access Voluntarism Celebration. We want to say THANK YOU to all of the participants of the Access Voluntarism Program! As well, we want to thank all of our partner agencies who work with us to make our program possible. Our 111 volunteers have been given opportunities at 40 different not for profit agencies, to give back to their community. In turn, the agencies have received 9000 hours of service! Our volunteers provide vital services for organizations in our community. If you are a not for profit group who would like the help of dedicated volunteers that care, please email Jen at jenniferv@huttonhouse.com.

Christmas Kettle

Volunteers from the Access Voluntarism program were happy to help the Salvation Army Christmas Kettle again this year. Spreading Christmas cheer, our volunteers generously donated their time to a very worthy cause and look forward to helping again next Christmas!



Jeff, Brian, Mary Ann & Barry spreading Christmas cheer!

Donor Corner

Drama Donation

We are excited to have again received a generous donation towards our drama and music classes. Our creative juices are flowing and we've got great plans for some new equipment. Stay tuned to hear about new and interesting opportunities for ARTworks Drama and Music participants!

Thank You Wilson Family Foundation

Thanks to a generous donation from The Wilson Family Foundation at the London Community Foundation, we are thrilled to add to our accessible equipment in the Pottery Studio. With the funds, we purchased 3 portable pottery wheels and a tool that will help those with mobility issues center their piece on a pottery wheel. The portable wheels can be placed on different surfaces, such as our height-adjustable tables. We can also take them out in the community to do throwing demonstrations. Centering is one of the most challenging things about throwing on a wheel. Many beginners can become frustrated, especially if they have limited mobility in their hands or arms. The centering tool attaches to a pottery wheel and makes it easier to center with less physical strain.



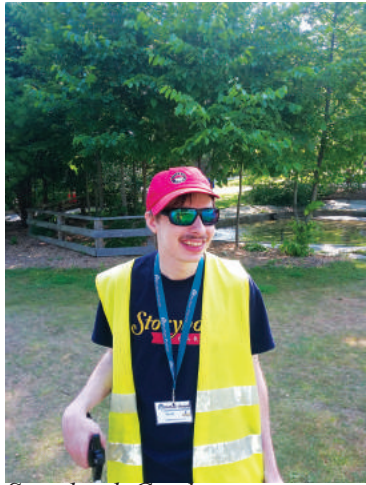
Portable wheel out in the community for a throwing demonstration

If you're interested in the Book Club contact Heather to register as a participant, heather@huttonhouse.com, or contact Roberta to learn about volunteering as a Book Club Facilitator, roberta@huttonhouse.com

We are always open to volunteers sharing their unique talents to provide a fun new experience for our program participants.

Do you have a particular skill or hobby, be it musical, dance, art, crafts, cooking or another specialty that you could share with a group? Contact our Volunteer Coordinator for special guest instructor opportunities! roberta@huttonhouse.com

Storybook Gardens



Storybook Garden
Volunteer, Scott

The Storybook Gardens-Access Voluntarism program was a great success this summer. Sixty-six volunteers worked from June to August, ensuring that Storybook Gardens was well maintained for the countless children that visited throughout the summer. This program would not be possible without the diligent and hard work of every volunteer and the amazing support provided to them by the Access Voluntarism staff. The Storybook Gardens grounds crew thanked all of the volunteers for helping keep the park clean. The Storybook Gardens management also gave a special shout out to the volunteers for the many positive comments made by satisfied customers about the cleanliness of the park. Everyone at Access Voluntarism looks forward to another great summer next year and is grateful to the Storybook Gardens staff for welcoming all the volunteers with open arms.

by Owen Frost - Summer Staff at Storybook Gardens

Storybook Garden
Volunteer, Tony



Hutton House Best Buddies Program



Participants of the Best Buddies program have been having a lot of fun! Game nights and parties are a great way to spend time with new friends and old. If you are interested in information about this program, please contact Jen at 519-472-1541 ext 239 or email at jenniferv@huttonhouse.com.

Trivia Triumph!



The Hutton House Hooligans Trivia Team participated in VON's Trivia Challenge Fundraiser on Nov 8th, 2019 at the new RBC Place! Hosted by TV personality, Sasha Long and Radio host Ken Eastwood, they tested our knowledge in 10 rounds of 10 questions of trivia. We tied for 5th out of 57 teams, so needless to say, we are quite proud of our accomplishments! Our team was made up of both Hutton House staff members as well as participants, which just goes to show, teamwork makes the dream work! We're confident that next year we'll do even better; we'll start studying for next year now!

Need Space? Rent Ours!

Contact us! Visit our website and leave us a message
and we'll get back to you!

Like us on Facebook <https://www.facebook.com/HuttonHouseLdn>
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**HUTTON HOUSE
@ THE
MARKET**

2ND FLOOR OF THE
WESTERN FAIR DISTRICT MARKET
900 KING ST. LONDON, ON
SATURDAYS 8AM-3PM | SUNDAYS 10AM-2PM

Volunteer Services

Community Connection

Western Fair Booth

Hutton House is grateful to have a partnership with the Western Fair Employee Group. This group gives back to the community by volunteering for numerous events and projects for non-profit organizations. Through their acts of service, they have made quite an impact on many organizations and the clients they serve, including Hutton House!



Beth Saylor Community Programs Manager

Beth Saylor, Community Programs Manager, who coordinates the employee volunteer activities, states, "Employee group volunteering builds the morale of staff, and provides eye-opening, first-hand learning experiences of what's happening in our community." Since they

began their community volunteer days in 2014, Beth estimates that Western Fair employee volunteers have supported over 55 events in our community. "Taking Parkwood Veterans to Camp, painting rooms at Rotholme House, cleaning horse stalls at Sari...we've done it all," says Beth. "A really memorable event for us is our "Day of Dreams" at the Western Fair when we open up the fair to children with disabilities. Watching the faces of our staff mingling with the children and their families enjoying the fair...it's such a joyful experience for us to be a part of." Each year, Western Fair Employees also volunteer at the Hutton House gift wrapping station in Cherryhill Village Mall during the holiday season. Last year the group decided to go above and beyond – hosting their very own



gift wrapping station to benefit Hutton House at the Western Farmer's Market and raised \$400 in support of our programs and participants! "We always ask our employees for ideas because you have to enjoy what you're doing and believe in what you're doing. They are all helping by personal choice, it's not mandated, and they never want to stop because they love it so much!" says Beth. This year, Beth provided a new community outreach opportunity for Hutton House to host a booth in the Canada Arts building throughout the Western Fair (Sept. 6-15). It was a great chance for us to connect with the public and build awareness of the programs and services

Hutton House provides. Our beautiful pottery drew people to our display, and we raised \$300.00 in pottery sales! Our volunteers also received free passes and got to enjoy the special



ambiance of the Western

Fair! Thanks to all of our volunteers and staff that worked at our booth for their fantastic support! A special note of thanks also to Beth Saylor and the Western Fair Employee volunteers for their strong community connection and collaboration with Hutton House in support of our programs and participants.

Ontario Volunteer Service Awards



Volunteers Ayesha, Jane, Janet & Kaywyn at the awards celebration with Volunteer Coordinator, Roberta. Not in photo: Stephen Walmsley, Hiba Loubani, Nicole Takken. Our thanks go out to all of our volunteer award recipients for giving back to our community and for their dedicated years of service to our organization!

The longevity of service is something special and rare, and that's why it is such a pleasure to see Hutton House volunteers recognized each year at the Ontario Volunteer Service Awards! Annually, the Ontario Ministry of Citizenship, Honours and Awards Secretariat honours adult volunteers that have given five or more consecutive

years of service to a group, and youth volunteers (under 24), who have given two or more consecutive years of service to a group. Organizations are allowed to designate up to 6 adult volunteers and 3 youth volunteers each year to receive the award. On October 9th, we gathered at the Hellenic Community Centre to thank these wonderful Hutton House volunteers: Jane Morley; 20 Years of service, Janet Cooper; 15 Years of service, Stephen Walmsley; 10 Years of service, Ayesha Shah; 5 Years of service, Kaywyn Allison; 5 Years of service, Hiba Loubani; 5 years of service, and Nicole Takken; 2 years of service for the youth award category. We're grateful that each of them finds volunteering for Hutton House rewarding and fulfilling and have made it a significant part of their lives. Through the consistent support they've provided over the years, they have made an impact on many of our program participants!

Festive Fashion Show!



We were very excited to kick-off the holiday season on November 14th by participating in the third Cherryhill Village Mall Fashion Show to benefit Hutton House! The festive theme with red and green decorations and fabulous holiday music put everyone in the mood for Christmas. The highlight of the evening was watching Hutton House participants on the red carpet, and hearing the audience cheering them on as they modelled winter and holiday fashions from Northern Reflections, Sarah Sohan, Just For You, Casual City and Knock Out Fashions.



Thanks to our models Faye, Stephanie, Valentina & Jennifer for helping us shine a light on Hutton House!



Thanks to the amazing volunteer models, our fabulous MC & sound manager, Shakil Popatiya, our volunteer ticket sellers, photographer, videographer, and those who kept the crowd happy by distributing cookies & door prize draw tickets!



Our volunteers got into the spirit, wearing their festive sweaters & hats and had a blast helping at this event!



The Fashion Show was a great evening helping to build community awareness of the work at Hutton House. The awesome raffle prizes donated by participating stores and the grand prize draw for Toronto Maple Leafs tickets, donated by Harris Funeral Homes, and a \$200 Visa Gift Card, donated by Minto, raised \$1565 to benefit Hutton House!

The proceeds will be used to make a Google 360 video of the Learning Centre which provides a virtual tour of the location and inside offices. The ability to view the Learning Centre in advance will help reduce anxiety for first time visitors and new program participants and help them feel more comfortable in new surroundings. "I am thrilled that it was such a successful event," said Richie Anand, Commercial Property Manager for Minto Properties. "We love planning it and it's a great way for all mall tenants to take part and showcase their product and all the money raised for Hutton House is fantastic as well!" Our thanks to Minto Cherryhill Village Mall and participating stores & donors for their continued support, and to everyone who assisted, modeled and came out to support this amazing event!



Fitness & Wellness



Personal Training

Terrell, a Skills 4 Life participant, goes to weekly personal training sessions with Jeff, a fitness volunteer, at the Hutton House Fitness Centre at the 654 Wonderland Rd.



North location. Jeff is very inspiring and pushes Terrell to try his best each week. Some of the things they focus on are strength and muscle training using resistance bands and kettle bells, as well as mobility work outs using a work out ball.



The Fitness Centre is open Monday through Friday from 9:00 am – 4:00 pm. We offer Youth classes as well as Senior's classes. To register for classes call 519-472-6381.

Join Now!

Memberships at the Hutton House Fitness Centre are only \$15 per month!

Spin 4 Kids!



When Melissa Maloney, Senior Divisional Operations Manager of GoodLife Fitness, asked Hutton House to Captain a team for the Spin4Kids Event, it was never a question of no! GoodLife has been a long time supporter of Hutton House and our participants, not only with charitable support but also as one of our strongest employment partners. The ask from Melissa was that our team consist of Hutton House participants who currently work at Goodlife. When we put out the question to our Ability Champions team, named after the program, Abilities First (a program where GoodLife promotes and mentors individuals seeking employment who live with disabilities and barriers) the answer was a resounding YES! Our team brought enthusiasm, respect for Goodlife, as well as some excellent fundraising, at last check \$1275.00 and counting! Our team consisted of: Joe Gansevles-Team Captain, Jenny McGowan, Mitchell Reaume, Madeline Goldhawk, Hailey Fulford, Valentina Mejia-HH participants and GoodLife staff, Paige Frigault-Jenny's sister in law and Evan Gansevles-Joe's son. It was with great pride and comradery that the Ability Champions participated in this event. It was truly a humbling experience to see the deep, admiration, respect, and inspiration that other riders had for our team. Ability Champions received a big shout out at the event, as well as on social media.

Social Worker Services

**Can I
Help You?**



Our Social Worker can provide individual counselling to help with personal issues and in locating community resources. Support is also available to complete forms for various services including ODSP, housing, CPP and assistive devices.

For more information, contact:

Lisa Havens, MSW, RSW at 519-472-6381 ext. 240

lisah@huttonhouse.com

LIFeworks 2



What a wonderful summer it was for the LIFeworks2 gang! At the beginning of August, LIFeworks was able to go on a very special road trip to LEAP center for equine self-

discovery. There, LIFeworks 2 was able to spend time learning, brushing, and feeding the horses. In addition,

LIFeworks 2 was able to enjoy a workout and tour around the farm to see their other facilities and animals. LIFeworks 2, also got to take part in canning activities this season! We made some delicious grape jelly that we were able to take home to their families and enjoy. Some Hutton House staff members were lucky enough purchase some of the extras. October is one of LIFework's 2



favourite months...because that means HALLOWEEN!

Much like any other holiday, LIFeworks 2 loves any reason to dress up and party. Our festivities included pumpkin carving, seed roasting, a spooky dance party, silly games, and indulging in lots of delicious treats. We hope to keep everyone updated on our new adventures in the upcoming year.



LIFeworks 3



Summer 2019 passed us in the blink of an eye!!! Mid-August, LIFeworks 3 got to take their BIG annual summer trip! This year we went to Toronto to watch a Blue Jays game. LIFeworks 3 drove to Oakville and took the GO train to get to the Rogers Centre. We had a fun-filled day of dancing, cheering, and ice cream eating! Special thanks to everyone who has supported LIFeworks 3's fundraising events, this trip would not have been possible without your support. LIFeworks got to end the summer in the best way possible; with a pool party!

We spent our morning doing a private swim at a community pool, followed by a beautiful picnic in the park. Furthermore, LIFeworks 3 and 4 continued to work hard at the Masonville Market until Thanksgiving weekend. Towards the end of the summer, LIFeworks 3 worked on new fall products to bring to the market such as soup



bowls, pottery trays, soup mixes, and homemade strawberry jam. We would like to give a special thank you to Eborall Farms who so generously donated the strawberries for our jam. Moreover, LIFeworks 3 embraced the fall season by going apple picking at Great Lakes Apple Orchard and making some delicious apple

crisp treats afterward to share with LIFeworks 4 for our Thanksgiving feast. We are very excited to see what sort of new adventures the winter season brings for us.

Pillar Non-Profit Awards 2019!

We were excited to be selected as finalists in the Pillar Innovation Awards 2019 for the category of Community Collaboration! This collaboration with Participation House Support Services (PHSS), L'Arche London and London Arts Council created the program called Healing through the Arts. Healing through the Arts offers six-week art studios for people with disabilities, their family members, support workers, and community members who wish to learn, create, and collaborate alongside those with disabilities. The participants in the program are creating art and developing real friendships together, which improves the quality of life of everyone involved and allows community members to gain a greater understanding of the people that they are assisting. We are very honored to be a part of this community collaboration and be a part of the celebration to be nominated. Check out the project online by visiting:



Pillar Non-Profit Finalist Award

<https://www.londonarts.ca/healing-through-the-arts>



FAMILY SURVEY HIGHLIGHTS

33 Responses- 91% were parents/care givers



50%

OF RESPONDENTS FELT THAT THERE IS A NEED FOR MORE INFORMATION ABOUT HUTTON HOUSE

61%

OF RESPONDENTS ARE INTERESTED IN ASSISTING, STAYING INVOLVED, AND PROVIDING INPUT TO PLAN FAMILY FORUMS



CREATING A FAMILY FRIENDLY SUPPORT NETWORK



THE MOST USEFUL PURPOSE OF THE FAMILY FORUM WOULD BE: INFORMATION SHARING, SPEAKERS ON COMMUNITY RESOURCES, SOCIAL SUPPORT AND SOCIAL ACTIVITIES



76% OF RESPONDENTS DO NOT CONNECT WITH OTHER FAMILIES/CAREGIVERS FOR SUPPORT AND INFO EXCHANGE.
87% SAID THAT THEY WOULD LIKE TO CONNECT WITH OTHER FAMILIES/CAREGIVERS FOR SUPPORT AND INFORMATION EXCHANGE

THE MAJORITY OF RESPONSES INDICATED THAT OTHER SERVICES THAT ARE NEEDED BY PARENTS/CAREGIVERS ARE: HOUSING, INDEPENDENT LIVING SUPPORTS, RESPITE.

53%

WOULD LIKE TO HAVE QUARTERLY FAMILY FORUMS

52%

OF RESPONDENTS WOULD LIKE HUTTON HOUSE TO HAVE MORE EVENING SOCIAL EVENTS

44%

WOULD LIKE TO CONNECT WITH FAMILIES FROM THE SAME PROGRAM

WE THANK EVERYONE WHO PARTICIPATED IN THE SURVEY FOR THEIR FEEDBACK. WE WILL BE IN TOUCH WITH THOSE WHO INDICATED THAT THEY WOULD LIKE TO STAY INVOLVED IN PLANNING FAMILY FORUMS FOR THEIR INPUT AND COLLABORATION IN THE NEW YEAR.

FOR FULL RESULTS FROM THE SURVEY VISIT WWW.HUTTONHOUSE.COM

Employment Services

GPS Graduation!

On September 06, 2019 the Goals, Preparation, and Skills (GPS) youth employment program held a graduation celebrating the accomplishments of GPS participants. The GPS program is a 15 week paid work program, which involves both 3 weeks of workshops facilitated at The Hutton House Learning Centre at Cherryhill Village Mall and 12 weeks of work placement. The program partners with over 20 employers in London, including retail experience at The Mission Store, warehouse experience with London Brew Co-op, and food service experience with Marshall's Pasta. This celebration was well attended by former participants and Hutton House staff. The event took place at Hillside Church, a current GPS employer. The ceremony had two very special guests attend; MP Peter Fragiskatos and documentary film star Sean Aiken. Sean Aiken worked 52 jobs in 52 weeks throughout North America in search of his passion. He trekked more than 74,000 km, slept on 55 couches, and raised over \$20,000 for charity. Sean filmed a documentary to capture his journey titled One Week Job. The GPS program screens this film for all of their participants to inspire, as well as remind everyone that finding your passion can be a life long journey. Sean kicked off our celebration with a blend of motivational speaking and spoken word poetry. Many participants said that this was the most thought-provoking, inspirational speaker they had ever heard. Sean left the group with a final piece of advice "when in doubt during your search for your passion always ask for advice." Peter Fragiskatos, Member of Parliament for London North Centre, took part in the graduation ceremony by handing out certificates to each participant. This GPS program has seen 192 youth come through our doors from January 19th, 2018 to October 18th, 2019. This event was a highlight of the achievements and continued success of the participants. Past and current participants took time to share their stories with the audience. As we wrap up this contract we look forward to hosting one more graduation in the New Year for the remaining participants still working hard. The GPS team also gives a big thank you to all the Hutton House staff that help this program run smoothly, especially the administration and accounting. It takes a village! Bravo to all the participants!



GPS Graduates with guest speaker Sean Aiken

We have your next great employee!

Contact Kim Neable via phone 519-472-1541 ext. 229
or email Kim@huttonhouse.com

Ryan's Success Story

Ryan began his journey with Hutton House in January 2018. Ryan came with

the hope that we could help him find suitable employment that complimented his skills and abilities. During his first appointment, Ryan identified he was struggling personally and was in a difficult place. He was feeling shy and anxious, and barely spoke or made eye contact. Early on, Ryan had expressed interest in the GPS



program but knew he had a long road ahead of him.

Through the help and guidance of Hutton House, he was determined to find success. Ryan said that even though it was a challenging process for him, he continued to come back every week because Lindsey (his case manager), "was kind and respectful, non-judgemental and I trusted that she could help me achieve my goals." Together, they figured out a plan that would help Ryan overcome some of his barriers in a time frame that made sense to him. On July 30, 2018, Ryan attended his first day with the GPS program. Ryan said that being a participant of Hutton House helped to "build my confidence and gave me the opportunity to practice being social in a safe place. I was able to overcome my shyness by connecting with other people and even made some friends." Ryan secured a custodial/maintenance placement with Minto and was hired on after his 12-week completion. Ryan was happy to report that by learning specific skills about interviews, stress and balance, budgeting, and transferable skills, that he has now been successfully working with Minto for over a year, and he has moved out from his parent's place and is currently living with his fiancée and son. Ryan said that Hutton House is a place where he always feels comfortable and knows that if he needs any help, the doors are always open.

Meet our new Employment Services Staff Member!



Jeremy & his family

Hutton House would like to welcome our newest Hutton House employee Jeremy McCall who has been hired in Employment Services as an Employment Specialist. Jeremy's previous employment experience consists of four years as Client Services Manager at Epilepsy Southwestern Ontario providing support, education, and advocacy services to adults and children diagnosed with seizure disorders, and seven years as a Hospital Nurse Orderly at London Health Science Centre providing supportive care for adult and pediatric inpatients diagnosed with mental health conditions. Additionally, he is President and Co-Founder of Dad Club London, a registered non-profit providing support services for local fathers and their children, and a long-time volunteer at Anova Women's Shelter and Parkinson Society Southwestern Ontario.

Need help to find a job?

We support individuals with:

- Physical, Developmental, Learning Disabilities and Mental Health needs
- Limited Education and/or Work Experience

We Get It! We Can Help!

519-472-1541 x 232

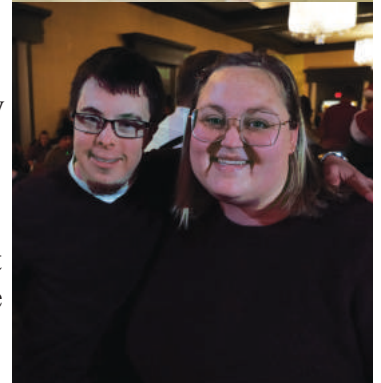
FindWork@huttonhouse.com

Board of Director's News Hutton House Welcomes New Board Member

In November, Nelson Rodriguez joined the Hutton House Board of Directors. Nelson works at Canada Life and brings experience in the areas of Adult Education/literacy, Quality Improvement, Strategic Planning, and French. Welcome, Nelson to Hutton House. We look forward to working together to promote the goals of Hutton House.

Christmas Party

Hutton House held its annual Christmas Party at the Four Points Sheraton on Wednesday, December 11th, 2019. All were invited, participants, Hutton House staff, members of the Board, and family members! The day started with warm welcomes from Hutton House staff greeters, followed by finding friends, mingling and laughter as everyone settled into the festively decorated environment. Good food and delicious desserts shared with our favourite people made it truly feel like Christmas dinner. The party really got started when the local London band Wriif Wraff hit the stage! Parties were not shy to loosen up on the dancefloor, showing off their best moves and dancing til the very end. We were happy to see everyone enjoy the day with smiles on their faces the whole time and with true friends by their side. Thank you to all those that came out and celebrated the start of the holidays with us, we're sure next year will be just as fun!



Ladies Club



Ladies Club is always filled with excitement, and Halloween is no different! Many dress up in costumes or find some great outfits for the day in the drama room! We made a "stained glass" inspired jack-o-lantern craft using tissue paper to put in the window for the first half of the morning and then played a few fun games in the second half. The ladies participated in

a Guess What's in the Box game, a spooky and funny game where they had the opportunity to touch objects that resembled hearts, teeth, eyes, and toes! This was a fun and disgusting game for all to play. We ended the day with a Poke a Hole into a cup to collect a treat!



Ladies Club having fun with their "stained glass" Jack-o-lantern and Poke-a-hole treat cups

The three exhibitions we got to experience were: From the Collection: A Bestiary, A Remembering: star stories and water bodies, and the 2019 Winifred Shantz Award for Ceramics. The group had the opportunity to wander through the collections before taking part in a workshop. During the workshop, everyone was able to create a character idea based off of animals. Some of the finished designs were mermaids, cats, dogs, and a raven. Although it was a rainy drive home traffic was good and everyone made it back in time for their pick up!



Pottery

Thanks to the Ontario Trillium Foundation Grow Grant, the Pottery Studio was able to take a group on another trip. The 2018 Grant that Hutton House received included funding for three trips to museums and galleries outside of London; this was the second trip. This time we journeyed to the Canadian Clay and Glass Gallery in Waterloo. A group of 13 met bright and early and had a rainy drive to Waterloo. After arriving we took a tour of the Museum and had a chance to explore the work on display.



Day Breaking News

Celebrating 20 Years at DayBreak!



RED CROSS FIRST AID/CPR

Hutton House is excited to announce that we are a Canadian Red Cross Training Partner offering First Aid/ CPR and AED courses to participants, partnering agencies and employers as well as the general public.

We have provided training to dental offices, the London Language Institute, London X Ray Associates and Beach Comber Hot Tubs. If your company needs to be CPR Certified reach out and we can help get your staff trained!

- Our qualified facilitator provides a learner-centred training plan that will keep participants engaged
- Small group settings provide the means to offer additional supports
- Programming will be offered at the Hutton House Learning Centre in Cherryhill Village Mall
- Access to free parking, food court and grocery store
- Participant subsidy may be available, please speak with staff

COURSES OFFERED INCLUDE:

Standard First Aid/CPR – level C

- 14 hours of teaching time
- Learn adult, child and baby CPR and use of public access defibrillator (AED)

Standard First Aid & CPR- C Recertification

(Current SFA/CPR C certificate required)

- 7.5 hours of teaching time
- Receive updates and refreshers

Emergency First Aid

- 7.5 hours of teaching time
- Includes first half of Standard First Aid course

Blended Learning

One day in class and one day online. Specifically formulated for those that cannot attend a regular two day in-class session. The online portion is at your own pace, while the in-class time is from 9:00am-5:00pm

*Anyone who registers must be able to demonstrate the required skills contained within the course as well as complete the testing.

Non-Certification courses are also be available for individuals with a general interest in learning about First Aid.

For more information, to inquire about prices
or to book a course, contact
Tami Clark at 519-472-1541 Ext. 240



Day Break started in a small room at Cheshire Independent Living Services in London, Ontario, back in 1999. In 2001

Day Break grew and moved to the 2nd floor at 50 King Street.

The expansion led to us moving into a permanent space that we are proud to call ours since 2006, located at 140 Ann Street.

We currently support 23 participants per week with varying high support needs. A few of the participants,



Ryan Raven and Kelly Webster have been coming since it started! This year we celebrated Day Break's 20th Anniversary!

We threw an open-house style

party with participants, parents, community partners and members of the London community. Present were the dedicated Day Break staff team and Lynn Hinds from the South West London Health Integration Network (SWLHIN) who shared a few words about the success of the program.

We had the privilege of listening to parent's stories about how Day Break has benefitted their sons and daughters and supported their needs, having positive influence. Thank you to all that came and celebrated this milestone with us. We would like to give *Day Break Staff* a special thank you to the participants who come to learn everyday.



3 of the original

Skills 4 Life!

Skills 4 Life (S4L) has welcomed 5 new staff members to our team over the past few months.

Allison has many years of experience working with children and youth with ASD (Autism Spectrum Disorder) and comes to us from the Geneva Center for Autism.

Allison received her Bachelor of Science in Health Sciences followed with a post-graduate degree in Behavioural Science Technology. She is in the process of completing her Masters of Applied Disability Studies with a specialization in Applied Behaviour Analysis.



Meagan C, joined the team earlier this year. She has completed a Bachelor of Arts in Child and Youth Studies and recently completed her Masters in Applied Disability Studies with a specialization in Applied Behaviour Analysis. Meagan comes with many years of experience working with children and youth and has discovered her passion for serving adults with complex needs.

Jessica has completed the Autism and Behaviour Science graduate program as well as the Developmental Services Worker program at Fanshawe. Jessica has spent the past three summers supporting youth and adults with complex needs as an Inclusion Counselor at Forest Cliff Camp.



Megan W is finishing her Masters of Applied Disability Studies with specialization in Applied Behaviour Analysis and has a Bachelor's degree in Developmental Psychology. She has worked for Thames Valley District School Board for almost 10 years and is currently completing her school and practicum with us at Skills 4 Life as a Senior Therapist-Student.

We're excited to have many new faces in Skills 4 Life. Together with our collection of diverse backgrounds, we're sure to create an even more dynamic space for our participants.

LIFeworks 4!

The summer was a busy one for LIFeworks 4! We worked at the market with LIFeworks 3 every Friday selling pottery, spice rubs, maple syrup, and other one-of-a-kind projects! LW4 also did their share of community work by volunteering at Storybook Gardens picking up garbage to help keep the park clean! We enjoyed driving out to Port Stanley for the day to check out the beach and dined at the famous Mackie's for lunch! We traveled to Mount Brydges and went berry



picking at Kustermans. Afterward, we made homemade popsicles with the blueberries we picked! In September, we had a get-together with LIFeworks 3 and invited



them to our space to make our famous strawberry jam and have a board game day! It was so much fun! We were able to make 7 cases of strawberry jam in

one day- GO LIFeworks 4! At the end of September, we visited Apple Land to get some delicious apples and made homemade apple crisp (with vanilla ice cream, of course)-yummy! We started off October celebrating Thanksgiving. LIFeworks 3 joined us for a feast with all the fixings! We enjoyed having a Baby Shower for one of our facilitators, Kaitlyn! She is having a baby girl in January! In December, we celebrated the holidays and are enjoying the winter weather (as much as we can). LIFeworks 4 can't wait to see what the New Year brings us in 2020!



Wednesday, July 8th 2020

Join us for the 24th Annual Golf Classic with its Unique format!

Compete in 2 person teams!

6 Holes Best Ball, 6 Holes Scramble, 6 Holes Alternate

Registration Fee: \$250

Register By May 29th and save \$25 per golfer!

Includes: Golf, Golf Cart, Prizes, Lunch & Gourmet Dinner!

Sponsorship Opportunities

Tournament Sponsor- \$7,000

(includes golf for 8 & 4 additional dinner guests)

Gourmet Dinner Sponsor- \$5,000

(includes golf for 4 & 4 additional dinner guests)

Albatross Sponsor- \$3,000

(includes golf for 4)

Corporate Advertising Sponsor- \$1,500

(includes golf for 4)

Team Prize Sponsorships- \$250/Team

(4 available)

**All sponsors receive recognition for their contribution
For additional details please contact Jim Belton,
Events Coordinator**

On the Course...

Pin Flag sponsor \$1,000

Hole Sponsorships:

- **"Par" Hole Sponsor \$250**
- **"Eagle" Hole Sponsor \$725**
(includes 2 golf registration)

Contest Sponsorships \$300

(7 available)

Dining Sponsorships:

- **Lunch Sponsor \$500**
- **Hors D'oeuvres Sponsor \$500**
- **Wine Sponsor \$1,000**
(Wine includes custom label with corporate logo)



To Register....Phone: 519-472-6381

Email: Golf@huttonhouse.com

Website: www.huttonhouse.com

**Thank You
for Your Support!**

Up Coming Events

Hutton House Job Fair

*301 Oxford St. W
February 26th, 2020
3:00 pm - 6:00 pm*

Demystifying Disabilities: Maximize Your Business's Potential

*The Facory - 100 Kellogg Ln
March 26th, 2020
5:00 pm - 7:00 pm*

Visit

www.huttonhouse.com
for Events & News updates



Hutton House Customer Service Commitment

Our most important customer is YOU.
In a safe, supportive and respectful environment
We will work together
With open and honest communication
to enable you to discover
and achieve your goals.

Our Mission:

Hutton House promotes and supports persons with disabilities through learning and life enhancing programs that focus on each individual's strengths, abilities and interests.

Vision:

Persons with disabilities have equal access to participate in all aspects of community life.

Board of Directors:

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Hutton House

Supporting youth & adults with disabilities

“In House” Next Publication Deadlines

April 13th, 2020

August 10th, 2020

We gratefully accept articles, personal stories, and photos involving participants of Hutton House.

Please submit information directly - and early - to
lori@huttonhouse.com