

In House

A Newsletter to our Community

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Marilyn Neufeld Award

Once a year, Hutton House hosts a Celebration of Learning ceremony to recognize the hard work and achievements of our Adult Education program participants. These events are well attended by staff, participants and their families and caregivers. During these annual events, Hutton House also highlights the accomplishments of one hardworking individual who has overcome their challenges and has dedicated themselves to achieving their personal goals; this individual is the winner of the Marilyn Neufeld Life Long Learning Award.

This year we are happy to announce that the honour of the Marilyn Neufeld Life Long Learning Award goes to Joseph McCann! Joe is a high-spirited individual who is more than deserving of this award. Joe started his journey at Hutton House at Day Break shortly after completing high school, in May of 2003. Joe also joined the Access Voluntarism Program offered through Hutton House in 2007 and is still currently volunteering in our community!

www.huttonhouse.com

Those that know Joe well at Hutton House describe him as always eager to learn! "Whether it be learning new skills through his volunteer work; education-based worksheets and lesson plans at Day Break; practicing his technology skills through the use of iPads and computers, or continuing his love of learning how to plan events. He has shown his love of learning through his everyday life, and also finds the joy in taking what he's learned and helping pass on that knowledge to others."

Although this year's Celebration of Learning ceremony and the Marilyn Neufeld Award recognition were held online, the impact the award had on our winner was profound. Upon learning of his award Joseph was speechless and was at a loss for words during the Zoom call. Joe's favourite part of attending Hutton House is hanging out with his friends and building relationships with staff and students. During the pandemic Joe even took the initiative to create a list of online games that participants can enjoy together so that they can keep in touch from home! Joe's affable nature ensures he makes friends wherever he goes! Hutton House's Access Voluntarism program helped Joe extend his friendly demeanor to the community. Before the pandemic started, Joe volunteered his time at the Mission Store in London. and he cannot wait to return to once again help out wherever he can.

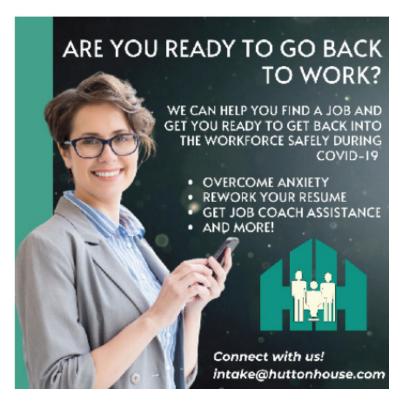
"They don't know what they're missing!" Joe states excitedly when asked what he'd share with individuals nervous about attending Hutton House programs for the first time. Joe makes it clear that the greatest benefits of attending Hutton House are the amazing staff members, getting to try new things every day, and making great memories with lifelong friends. Joe is eager to continue to learn and grow in his programs at Hutton House and can't wait to get back to more in-person activities with all of his friends at Day Break when it is safe to do so. We are proud of Joe and his hard work on a daily basis to put his knowledge to use. He is always looking for new opportunities, whether it be at his volunteer job, at Day Break, home, or out in his community. Joe's determination to 'know-it-all' is awe-inspiring, and you can see his passion spread and encourage others. Congratulations Joe on your well-deserved Life Long Learning award!



Access Voluntarism

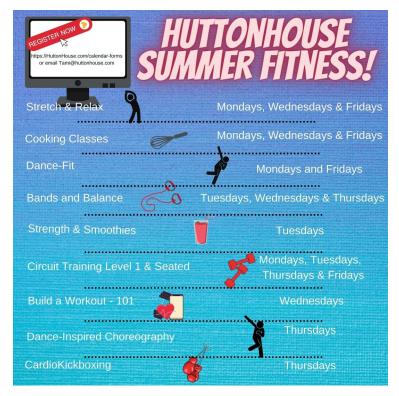


Dino's last day of volunteering at the Mission Store on York St., prior to the "stay at home" order was the day before his birthday, which he mentioned to his co-workers. When the order was lifted and Dino was able to resume volunteering two months later, the staff had remembered, and thoughtfully presented him with a birthday card on his first day back! Staff member, Lindsay, greeted Dino and together they read all the birthday messages in the card from the staff. What a warm welcome back for Dino from our great community partners at the Mission Store, Mission Services of London!



Fitness & Wellness

Our fitness program kept our participants busy this summer! We added another recipe swap class, new dance classes and a cardio kickboxing class. Some recipes we cooked were Pad Thai, Tacos, chocolate dipped delights and zucchini/chocolate chip bread! We also started having participants back in the Fitness Centre for in person workouts. Availability is limited for these individual workouts but we are looking forward to offering more opportunities in the fall session.







New Committees

Over the next few months we are creating some important new committees.

70th Anniversary Committee

October 2022 will be the start of our 70th year and in order to celebrate in true Hutton House style we need to start planning now for events, activities, celebrations etc. If you have ideas about how we can celebrate and recognize this milestone please let us know.

Equity, Diversity and Inclusion (EDI) Committee

This committee will work to ensure that Hutton House thinks about all our services with a view to equity, diversity and inclusion. This includes training opportunities, policies and practices and removing barriers to participation. In light of recent community events related to marginalized people, residential school information, homelessness, and racism, we need to look within ourselves and how we can be a part of the solution to these problems in our society.

Publications Mail Agreement 40069186

Volunteer Services

Virtual Volunteering

As our online adult education programs have expanded our volunteers have continued to provide valuable support in fun new ways! Volunteers have co-facilitated online programs such as Book Clubs and Fun & Games, and taught participants about cultures from around the world, even how to count to 10 in other languages! They have abridged books, created comprehension questions for book study, and acted as research assistants, preparing content for a variety of online adult education programs.

It's been fun for our staff to work and learn alongside our volunteers in new ways.

For the "100 Years of Fun" program, Grant researched and compiled photos, videos and information about popular toys from each decade.



For "Celebrations Around the World", Nikhita created a colourful slideshow about Holi – the Festival of Colour, celebrated in India!

It has been great brainstorming ideas and thinking of new ways that volunteers can contribute and tap into their own interests, languages and culture. We created a menu for volunteers to pick and choose what interested them. Volunteers have been surprised to find that they are using knowledge and abilities that they never thought they would! Chris, a retired science teacher, who didn't think she would ever be drawing on her science background as a volunteer, has been happy to assist with our "Water" program. Chris created a PowerPoint about the water cycle and to teach about the states of matter!

Sanjana chose to help in two areas of personal interest for the "Water" program: science and sports. She created google slides focused on biology and water sports.



Helen created a slideshow about the Songkran New Year's Water Festival in Thailand for "Celebrations Around the World".

Carolina researched and prepared six lessons filled with information and video links, to show the relationship between people and animals, with a specific focus on their emotions and communications for the "People & Other Animals" program.

Alex is putting his love of video games to great use assisting with the "History of Video Games" program. These are just some of the fantastic new ways volunteers are helping with our online programs.

Bravo to all of the volunteers for being so innovative and using your strengths and skills in new ways!

Ontario Volunteer Service Awards

The Ontario Volunteer Service Awards were delayed last year due to the pandemic, but a virtual ceremony took place this past spring. Our volunteers have now received their years of service certificates and pins in the mail and have shared some great selfies!!



Faye Simmons, Adult Education, 10 years of service



Mike Hemphill, Fitness Centre, 5 years of service

Eric Riley, Board of Directors, 5 years of service

Also other Ontario Volunteer Service Award Recipients:

- Claudia Bayona, Board President, 5 years of service.
- Peter Holland, Board Treasurer, 5 years of service.
- Liz Han, Adult Ed., 5 years of service.
- Kenneth Huang Adult Education & Fitness Centre, 2 years of service, youth category.
- Lauren VandenBygaart, Adult Education, 2 years of service, youth category.

Thanks and congratulations to all of our award recipients for your wonderful years of service in support of our programs and participants. Well deserved!!

Like us on Facebook

https://www.facebook.com/HuttonHouseLdn

Follow us on Twitter

https://twitter.com/huttonhouseldn

Watch us on YouTube You

https://www.youtube.com/user/HuttonHouseLondon

Follow us on Instagram o

huttonhousefitnesscentre huttonhouseartworks huttonhousepottery hutton.house

Need help to find a job?

We support individuals with:

- Physical, Developmental, Learning Disabilities and Mental Health needs
- Limited Education and/or Work Experience

We Get It! We Can Help! 519-472-1541 x 232 FindWork@huttonhouse.com

Social Worker Services

Can I Help You?

Our Social Worker can provide individual counselling to help with personal issues and in locating community resources. Support is also available to complete forms for various services including ODSP, housing, CPP and assistive devices.

For more information, contact: Lisa Havens, MSW, RSW at 519-472-6381 ext. 240 lisah@huttonhouse.com



Passport Program

The Ministry of Children, Community and Social Services announced updates to Passport Program guidelines that came into effect on September 1, 2021.

What is covered under Passport Program guidelines as of September 1, 2021?

Community participation and activities of daily living

- Programs, classes and supports that help develop independence, social and life skills (e.g., literacy, cooking, managing money, computer skills, assistance with personal care needs). (Includes fees and supplies)
- Participation in community activities and events including Hutton House programs. (e.g., recreation, club memberships, admission to festivals and museums, sports)
- Pre-employment and employment supports including Hutton House specialized supports over and above our free Employment Services offerings (e.g., skills training, resume development and job coaching)
- Transportation for activities (e.g., transit, mileage, taxis)
- Paying a support worker to help with community participation and daily living activities. This includes a support worker's expenses while providing support (e.g., meals, transportation and activity fees, expenses for accompanying the individual during trips)
- *There will be a maximum amount of \$150.00 on event tickets such as live music, theatre, sporting events or other live entertainment events including virtual events

Caregiver respite

• Caregiver respite is temporary help to provide a break to primary caregivers. This can be during the day, evening or weekend, and can be in-home or out-of-home.

Person-directed planning

• Funding (up to \$2,500) can be used to develop a person-directed plan that builds on the individual's strengths and interests and identifies supports to help them achieve their goals.

Administration

• Funding can cover some employer costs (e.g., Canada Pension Plan contributions, Employment Insurance, etc.) and some administrative supports (e.g. bank fees, bookkeeping, etc.).

What is not covered under Passport Program guidelines as of September 1, 2021?

- Housing and home maintenance (e.g., rent, home renovations or modifications, housekeeping)
- Household items and electronics (e.g., furniture, appliances, computers or iPads)
- Indirect respite services and supports (e.g., cleaning, meal preparation, snow removal, care of other family members)
- Holiday travel (e.g., personal or family vacations)
- Telephone/telecommunications (e.g., home phone and internet service, cell phone services)
- Groceries, food, and restaurant meals

Additional information about these changes, including tip sheets can be found at: www.dsontario.ca/passport-program or by calling your local Passport Program office. The DSO South West Region phone number is 1 855 437 6797.

Donor's Corner

Acoustic Spotlight London is a local weekly house concert series hosted by Jake Levesque that highlights various local musicians. On June 2, Rob Hoffman on accordion and Donie Rea on guitar and his homemade cajon were featured on the Acoustic Spotlight Facebook Live event playing their favourite Irish tunes and songs. Rob and Donie invited viewers to make a donation to Hutton House. Thanks to all who donated and to Rob and Donie for a great concert.



Board of Directors

Annual General Meeting (AGM)

Hutton House held their annual general meeting on Wednesday June 16 2021 online using Zoom with 63 people in attendance.

Auxiliary Board Participant

This year the Board adjusted their By-Laws to include a new position of Auxiliary Board Participant. This position is open to anyone 18 years of age and older who is interested in participating on a Board to learn more about how Boards operate, the roles and responsibilities of Board members and gain Board overall experience. The Board felt this was an important step and responsibility to develop the skills and support the growth of future Board members for our community.

The Nomination Report for members of the Board of Directors for 2021/2022 included the following: Beginning the first year of a 2 year term are: Claudia Bayona, Tilda King, Bryan Smits, Jon Lavkulich, Nelson Rodrigues, Kris Nyhout, Troy Townsend and Duncan McLean. Beginning the second year of a 2 year term are: Eric Riley and Bill Mills. Beginning a one year term as an Auxiliary Board Participant is Madison Blackwell.

Board Years of Service Awards

The following Board members were recognized for their years of service: 5 Years of Service - Julie Watson; 3 Years of Service - Tilda King, Bryan Smits, Wendy McGowan. Sadly we are saying goodbye to 2 Board Members, Wendy and Julie. Julie has a keen understanding of disability issues and is a true advocate for needed services in the London community. As a dedicated, reliable and hands on Board member, we will miss you Julie!

Wendy came to Hutton House with previous Board experience and as a parent of a participant. Wendy is always prepared for Board meetings and always asks thoughtful questions and provides valuable input to our policies and programs. Thanks to both Julie and Wendy for your support as Board of Directors of Hutton House.

Hutton House Looking for 2 new Board Members

Hutton House is currently recruiting 2 new Board members. We will introduce them in the next newsletter.

Staff Years of Service Awards

Also at the AGM the following staff were recognized for their dedication supporting our participants and programs to achieve our Mission. Congratulations and thank you to all! It was wonderful to hear what the staff had to say about each other - their valued contributions as well as what makes each person unique.

20 Years of Service

Heather Jeffery Nevzeta Velagic

10 Years of Service

Kim Neable Joe Gansevles Sarah McRae Antonio Anaya Jennifer Elrick

5 Years

Mallic Stephen Jose Zambrano Rachel Vandenberk Joan Luchanko

3 Years

Sarah Lucas Charlene Judge Valerie Kerr Asha Supaul Nicole Misikowetz Nabeeha Rizvi Dana Pfaff



Day Break

Day break has been keeping busy since the weather has gotten much warmer. Going for daily walks before the day gets too hot down to Victoria Park, Gibbons Park or Harris Park. Indoor activities include crafts, education

time,
watching
movies,
joining
our peers
on zoom,
doing yoga,
listening
and dancing
to music
and playing
games.





At the end of April, we did a virtual baby shower celebrating two Day Break staff Nicole and Jen, welcoming their first and second daughters. We played online games, shared baby pictures of staff to

fulfillment for our participant. Joe, who won the



guess who was who. It was such a fun virtual experience. In May during the week of the 9th-12th we celebrated National Nurses week which included Zoom visits from former Day Break staff who have moved into the nursing Page 8

field. They shared many stories with us, and we reflected back on the memories shared here at Day Break. It was such an exciting time to see these familiar faces once again.



award felt like he had accomplished something special during the at home lockdowns. He learned many new technology skills when the program used the Zoom platform every day. Joe became more independent with technology. We are all very proud of Joe and his award. Congratulations!!

As the summer approached Day Break welcomed 2 summer students, Sam and Sabrina to the program. They were a great fit to the team and with their many musical talents they kept us all entertained.

Day Break received a donation from Rob and Donie (see page 6) and we felt we would use the money to have a celebration. So, at the start of July, we all enjoyed a pizza party that lasted the whole week. Decorations were hung to bring a smile to everyone's face. Also, in July the province moved into stage 3 of reopening. The participants are excited about going for walks to Tim Hortons, the Dollar Store and even the library, making everyone happy to be out and about again.

NEW ** Back on Track Program ** NEW

Back on Track is a program for people over the age of 30, with disabilities who are currently and recently unemployed. Specifically, we are looking to help those who have been impacted by layoffs and work shortages due to COVID-19. The program consists of in class and on the job training.

2 week
Virtual
(in class)
Training

- 2 weeks of in class training (20 hours/week) to get participants ready to re enter the workplace. Participants who successfully complete will receive a \$200.00 bonus!
- Initial in class portion (virtual or in person). This section will work on interview skills, updating resumes, applying to jobs, career exploration and other essential skills needed for returning to work.

2 week Specialized Training

- 2 weeks focused on specialized training, including Smart Serve, Safe Food Handling, First Aid etc. as needed.
- Also placement development, interviews, and on-going in person job coaching.

10 Week
Job
Placement

- 10 weeks 30 hours/week job placement secured with an employer in the London area based on participant skills and employment goals.
- The work placement gives employers the opportunity to train employees and see their skills and abilities. Employers are able to access a 30% wage subsidy.

If you or someone you know is interested in the Back on Track Program please contact intake@huttonhouse.com or (519) 472-1541 ext 232. If you are already in our Employment Services Program please reach out to your Employment Specialist to let them know if you or someone you know is interested.



Adult Education

Adult Learner Award Winner



Catherine Collins Hutton House's Adult Learner Award winner for 2021

Every year, members of the London Council

for Adult Education acknowledge learners from their programs for their work as life-long learners. We could not meet in person this year, but they will receive certificates.

Catherine is this year's award winner from Hutton House. She is an extremely enthusiastic life-long learner. At Hutton House, she has participated in one-on-one tutoring, Gateway Literacy classes held in partnership with the Thames Valley District School Board, and online group classes. Catherine actively participates in classes and contributes her knowledge and experiences. She is friendly and always supportive of her classmates. She has strong math, reading, writing, and research skills. Catherine has worked on practical skills such as budgeting too. It can be difficult when setting new goals to find something she doesn't already know! Catherine is open to trying new activities and continues to learn a variety of skills in addition to academics. She has taken many ARTworks courses and had volunteer positions through Hutton House. Catherine has a passion for acting and performed in Ability Theatre through the London Down Syndrome Association. Playing Dorothy in an Adult Education reader's theatre production of the Wizard of Oz over Zoom gave her a different acting experience. Catherine learned rhythmic gymnastics with Special Olympics. Congratulations on the Adult Learner Award, Catherine, and best wishes in everything you do!

The Celebration of Learning

The Celebration of Learning was held the same way our classes have been held over the past year — online. There was a lot to celebrate. Everyone adapted so well to classes over Zoom. Families and support workers who helped with this new technology were thanked. Volunteers who helped online or with preparing courses were also acknowledged.

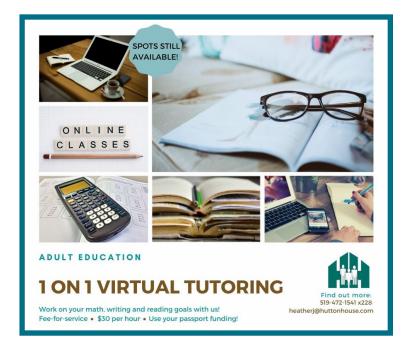
Valerie showed a movie she had made of some of the



interesting topics we have studied this year such as Canada, animals, famous cities, science experiments, and of course, reading, writing, and math. Instructors had a chance to chat with each learner and find out more about what they enjoyed about their online classes. Every learner who participated in a group class or tutoring over



the past year will receive a certificate in the mail. Learners who attended the celebration will also get a special photo of themselves.



ARTworks

We kept busy this summer with some new ARTworks classes - Space Explorers, Comic Con Fan Club, Disney Fan Club, and Step-by-Step Drawing. Our participants were excited to learn and do fun things in these new



classes. In Comic Con Fan Club, we created our own comic characters and learned about characters we might not be familiar with. In Space Explorers, we talked about what we know about space and learned about the

planets in our Solar System. In Disney class we enjoyed

karaoke, a Disney character craft, and a tour of Disney Land!



Finally, participants found it easy to draw pictures with the Step-by-Step Drawing class - we created such cute and colourful pictures, we can't wait to see what else our participants can



draw! In our colouring class everyone coloured beautiful



pictures while listening to calm or energizing music there was a different theme each week. Keep an eye on our Instagram site for more updates and pictures from these classes.

Our participants in ARTworks never cease to amaze us with their creativity. Many of our Spring programs were



enjoyed by participants, who were given the opportunity to use a variety of art mediums: watercolour, collage, gouache and ink. Watching the joy and expressiveness of each person's work



was great fun to experience and be a part of. One of the things we hear most from our participants, is how being in our ARTworks programs relaxes them and helps to take their mind off their worries. We can't think of a better way to relax, then spending time with friends, doing activities we enjoy.



Grant Announcements

Spring 2021 has been a wonderful time for grant news! Hutton House was fortunate to receive 2 grants this spring.

Ontario Trillium Foundation, Resilient Communities Grant

The Ontario Trillium Foundation approved Hutton House for a \$102,000.00 Resilient Communities Grant. This grant will allow Hutton House to update our phone system for all 3 of our locations to meet the changing needs that the pandemic has forced us to think about and continue to adapt new ways of working. The new phone system will make it easier for participants and our community to connect with us as we continue to stay innovative and safe while we continue to deliver programs from home or in our Hutton House locations. The new phone system will have many exciting and new features. Stay tuned! We would like to thank the Ontario Trillium Foundation for this opportunity!

Ontario Trillium Foundation, Hutton House Grow Grant Update

We're continuing to offer lots of creative opportunities for participants. Through our online classes participants engage in compelling artistic experiences with different materials such as air-dry modelling clay, bisqued pottery, and paint to create unique pieces of art. We have also been excited to continue limited classes in person and offer some small in person pottery classes. This spring and summer we increased spots for the classes which is part of our reopening plan. Please check our ARTworks program calendar on the Hutton House website for more information or email us at artworks@huttonhouse.com. With the strong partnership with the Ontario Trillium Foundation, the grow grant and programs have been extended and will be offered until November 2021.

Canada Summer Jobs Grant

In May 2021, Hutton House received a grant from the Federal Government's Canada Summer Jobs Program funding to take on 11 new summer student positions! These positions were spread out across our organization fulfilling the need for student positions in ARTworks, which includes our pottery programs, theatre and music groups, LIFEworks, Fitness and Wellness, Employment, Adult Education, and Day Break. These students helped

make the programs lively and full of excitement! This year was exceptionally unique as the programs our students worked in were mostly virtual. The students were invaluable with their technical skills and ability to teach virtually. We enjoyed getting to know our new summer students! With funding comes great opportunities to have a diverse team that benefits not only our staff experience, but our participants as well! Our summer students were with us until the end of August 2021.

Other News

QUALITY IMPROVEMENT ACTIVITIES

Hutton House is participating in 2 significant events this year – FOCUS Quality Improvement and Accreditation Program and the development of a new Strategic Plan. Due to delays caused by the pandemic the information gathering is coinciding around the same time.

STRATEGIC PLANNING

A Strategic Plan helps Hutton House to plan for the future. It will provide a guide over the next 3 - 5 years to provide the best services possible to all.

We have hired a consultant from the Centre for Organizational Effectiveness owned by Maria Sanchez Keane to help us. Maria and her team have been gathering information about what Hutton House has been doing well, what we could do better and get new ideas. All answers were anonymous. This means Hutton House will not know who gave the answers but a report of everyone's information will be created and provided to Hutton House. We will use this information to plan for the future.

Collecting information has happened through online surveys and group online meetings using Zoom. Our Board and staff will be meeting October 20 to review the information gathered and to review our mission and vision.

FOCUS ACCREDITATION

Hutton House is participating in an Accreditation process with an organization called FOCUS Accreditation Quality Improvement and Accreditation Program.

Getting accredited means Hutton House is committed to continually learning and improving the quality of their services and programs. When an organization becomes accredited people who use services have an assurance of quality and can feel confident that the organization is committed to continuous improvement.

Our Validation week was October 4 - 7 and then we will know in about 6 weeks the results of our accreditation process. Stay tuned.

Thanks to all who participated in helping Hutton House continue to grow to meet your needs and interests and make improvements.

HOW TO GIVE YOUR FEEDBACK

We are always interested in any feedback you may have for us at any time. Participants, family members/care givers, community partners and/or the general public interested in giving feedback can email hhservices@huttonhouse.com or use the Hutton House Customer Service Feedback Form on our website, www.huttonhouse.com and click on the Contact Us tab.

Employment Services

Back on Track (BoT) program

The BoT program is Employment Services newest program for adults aged 30+ seeking employment. The program aims to help relieve pandemic induced labour and financial impacts on businesses and people who have been disproportionately impacted by the pandemic. The first group was launched on April 19th 2021, with 5 participants. Participants spend 2 weeks with us completing specialized workshops, 2 weeks of certification and training, then 10 weeks of work experience placement support in a role that interests them. July 12th 2021 was the start of our 4th group out of 8 scheduled groups. The program is in full swing with staff supports from Jeremy McCall and Shaneen Duffield, program Job Developers; Chris Kulbaba, Program Facilitator; and Mallic Stephen, Program Coordinator.

New Staff Member

Employment Services would like to give a BIG welcome to Shaneen Duffield. Shaneen joins us after a number of years working with Community Living Toronto in their residential setting. She is a previous resident of London returning back home with her husband and daughter to be closer to family. Shaneen is working directly with the Back on Track program and will provide a lot of the wrap around supports that will be needed to help our job seekers reach their goals such as wellness supports, clothing, technology devices. We welcome her back to the forest city.

"HUTTON HOUSE" is the place where my dreams have actually come true.

Bureera is a young person who came to Canada, then was faced with a global pandemic, to not only job seek, but also complete programs, complete her professional designation, access supports, and then stay focused and achieve her dreams by taking on her challenges. For us - it was humbling and motivating - we asked ourselves what experiences we would hope could be delivered with the same success - changing countries, changing roles, changing culture - and Bureera was not only receptive, but thoughtful, energizing, and respectful. She impacted everyone she met - and it was an honour to work with her as well. Bureera is a very motivating, inspiring, and energetic participant who was a joy to support.

"I believe that the GPS program is the best program for Hutton House and it should be highlighted on the <u>Hutton</u> House website.

I want to share the exciting news that I have received a job offer from Northern Commerce (www.northern.co). I will be working in the capacity of a Digital Project Coordinator and hopefully will be starting next month.

I especially would like to extend my gratitude to each and every member of GPS program from <u>@Chris Kulbaba</u> <u>@John McCracken @Scott Fisher @Emily Off</u> <u>@Emily Whiston @Mallic Stephen</u> for being so encouraging all the time and supporting me during the most unprecedented times of Covid-19.

I am so lucky to be a part of <u>@Chris Kulbaba</u> and <u>@John McCracken</u> team. This is the best team ever. Everyone at Hutton House is so amazing that I am proud to be here with this team.

"HUTTON HOUSE" is the place where my dreams have actually come true.

I will always be indebted for the guidance and support, Hutton House has provided me. I am always willing to give back to the community at Hutton House and be an inspiration for new immigrants. "

We have your next great employee!

Contact Kim Neable via phone 519-472-1541 ext. 229 or email Kim@huttonhouse.com

Marilyn Neufeld Award **Nominees 2021**

This year Hutton House staff nominated 10 participants for the Marilyn Neufeld Award that is awarded annually to any Hutton House participant within the last 3 years who has demonstrated a passion or commitment to lifelong learning by actively pursuing their goals through personal improvement and/or professional development. The following are some excerpts from the nomination forms.

Hayden Walker

Hayden started attending the fitness centre at Hutton House in 2015 when he was still a student at Oakridge SS. In 2018 Hayden attended the Employment program at Hutton House attending pre-employment workshops and got a job in the food industry with help from the JobWorks team. In 2019 Hayden received Passport funding and asked Hutton House to help him manage the funds and hire a support worker. During Hayden's last year of high school, he applied to the CICE program at Fanshawe College; this program is highly competitive as they only take a small number of students each year. Hayden was accepted to the program, and his focus was on increasing his knowledge within the area of recreation and leisure. His end goal was to not only graduate from the program, but then to seek employment and be in the service of others. Going into his second and final year of college he was facing a whole new challenge; learning fully virtually. In April 2021 his Passport Facilitator and Support Worker virtually attended his college graduation. Hayden was able to accomplish all of this with a smile on his face. Hayden continues to attend a group virtual hang out making new friends to share, connect, chat and have fun with.

Jackson Cousins

Jackson has been attending classes in the ARTworks and Adult Education programs. He does 1 on 1 virtual tutoring in the Adult Education program. Jackson also has a leadership role in an online ARTworks class, Introduction to American Sign Language. Jackson is highly selfmotivated and driven. He showed determination through setting a goal of learning ASL and sourcing out a method to develop this skill independently. Learning any skill online can be challenging, and Jackson excelled at the goal he set for himself. He is a natural leader as evidenced by his patient, encouraging approach when helping to facilitate the ASL class. Outcomes of Jackson's goals include: learning a new language and being able to communicate with a wider group of people and the

opportunity to develop leadership skills. Jackson's accomplishments reinforces the value of being determined as well as the positive impact he has on his peers.

Michael Crecca

Michael joined Hutton House in September 2018. Michael started in the LIFEworks 4 Program, and since then has gone on to join other classes in the ARTworks program, such as Pottery, Fitness Safety Skills, Watercolour Art, Seasonal Crafts, and World Traveller. Michael has also volunteered at StoryBook Gardens, and was involved with the Hutton House booth at Masonville Farmer's Market. Michael is always willing to join new groups and try new things. This is evidenced by his enrollment in various online and in-person ARTworks classes during the pandemic, continued enrollment in the online and inperson LIFEworks programs, and enrolling in programs outside of Hutton House. Even during his time when he is not attending classes, he is working on his fitness by walking in his neighborhood or even in his house when the weather is too hot or too cold. He enjoys being connected to his community and friends, and takes active steps to fulfil these goals.

Mawi Nabeel

Mawj has been involved with Hutton House since 2010. She enjoys writing poems, listening to music, running, swimming and using the internet. She has been involved with the YER program, GPS, Access Voluntarism, volunteered at the reception desk and in the meantime she was completing her ECE program at Fanshawe College. She was determined to complete this program and she graduated. She came back to the ESP program landing her dream job working with children since March as a Childcare Educator Supply at YMCA Wortley. She is very determined and focused on what she wants for her future that pushed her to find great learning opportunities along the way. She embraces change, is open to new opportunities and perspectives and she sets goals for herself.

Pamela Commodore

Pamela joined the Hutton House Employment Services program in late 2019. With the onset of the pandemic, Pamela's employment status changed and she had to reconsider what employment was going to look like in a way that would also be safe for her. Pamela did not let the barrier of the pandemic impede her goals. She recognized what was going to work and not work for her and accessed help to overcome the obstacles she felt were in the way. She was able to narrow down her focus to administrative roles. Through self-work and understanding, Pamela continues to tackle her

employment goals and personal growth including participating in Hutton House's Back on Track program. She also actively meets with her employment team and participates in activities that help her grow including mock interviews. She also takes an active role in finding and applying to her own jobs, taking the initiative to do so on her own.

Ryan Butler

Ryan came to Hutton House wanting to change his life for the better and find employment. He has succeeded in finding employment and holding onto a job, doing 6 week a program at Fanshawe College and an 8 week program at Habitat for Humanity. He also attended all the Employment Readiness workshops...working very hard to better his life and now he is in the Back on Track program. Ryan has showed that he wants to learn, he wants to work and he has followed through on everything and is in a better place now than he was 1 year ago.

Robyn Evershed

Robyn has been involved in the ARTworks and Adult Education programs. In Adult Education, she attended Gateway Literacy classes in partnership with the TVDSB, computer classes, the Learning Club, Skills for Learning and Life, and online group classes (10 courses in 9 months) and tutoring! Robyn has a passion for learning. She has a wide range of interests including history, geography, current events, science, and reading. She especially enjoys writing. Robyn does additional work such as reading a chapter between tutoring sessions for novel studies. When she took a course about Folktales, she took the initiative to write a modern fairytale on her own and shared it with the class. The last lines of her fairytale summarize her positive attitude. "This family raised their daughter to be brave, smart, and confident in her own way. They wanted people to know that everyone has potential and being different is OK."

Rachel McLeod

Rachel has been involved in many kinds of ARTworks, Fitness, and Adult Education classes online and inperson throughout the years. She has kept herself busy with online programs during the pandemic, but has also started LIFEworks 3 program with added public health restrictions and new routines.

Initially she was hesitant about wearing a mask for the whole day or even for a little bit. With the support of her mom she practiced daily going to stores, restaurants, and outside for walks. She quickly was able to increase the duration of wearing a mask in public places and became more comfortable with it on. She was able to join LIFEworks 3 by meeting all the returning criteria

and had success with wearing her mask in our program on the first day! Since then she has become even more comfortable with wearing the mask, which has opened up her opportunities to meet with peers and be an active member of the community.

Sarah Orsini

Sarah has been involved with the LIFEworks 4 group for nearly 4 years and attended the Skills 4 Life program for 2 years. During this time, she has also attended ARTworks and Fitness classes and the Learning Club. During her time at LIFEworks before the pandemic, she was involved with the Masonville Farmer's Market booth and volunteered at Storybook Gardens during the summer. She also volunteered weekly at PetSmart with taking care of the cats. Sarah always attended Skills 4 Life and LIFEworks programs with a positive attitude about practicing skills and learning new ones. She is proud of herself when she is able to master skills and be more independent. When she was working with students from Fanshawe on communication goals, she was motivated to gain skills and build relationships. She enjoyed working with the student and gaining confidence to say more words at once. LIFEworks facilitators also noticed when she attended in-person LIFEworks classes, she communicated more often and enjoyed speaking in longer sentences. Sarah is always willing to try new things and take on challenges. She likes meeting new people and helping others.

It was certainly a challenge this year for the Marilyn Neufeld Award Committee, made up of Board members, to decide who should receive the award this year. They appreciated learning about each candidate and admired their dedication to lifelong learning and self-improvement. The individual selected to receive the 2021 Marilyn Neufeld Award was Joseph McCann. His story can be found on the front page of the newsletter. Congratulations to all the nominees. You have shown us all how important it is to be lifelong learners.

Join Now!

Memberships at the Hutton House Fitness Centre are only \$15 per month! Virtual classes are available.

LIFEworks 2, 3 & 4

LIFEworks has had some big changes since the last newsletter! We've welcomed some new participants into our LIFEworks programs, as well as a new student – Isabel through the co-op program at the University of Waterloo! We are so lucky to be able to still have students join us though the Federal Canada Summer Jobs Grant, and the participants always look forward to meeting new people



and learning from our students. Since February, LIFEworks has been back to providing inperson services, all the while still continuing our virtual services too. The LIFEworks groups really enjoy being able to see their friends in person, even if we have to keep 6 feet apart!



LIFEworks has been continuing to work on various art projects and making some pottery too! We've explored

many places through the virtual world - such as San Diego Zoo, Mars Exploration, and even travelled inside of a volcano! We've done art projects such as tie-dying socks, shrinky-dink keychains, DIY chia pets, space & galaxy art, and some tin foil art. Our student, Isabel, helped make us all go mad for science by demonstrating Page 16



by mixing baking soda and vinegar, and the other was a DIY Lava Lamp using vegetable oil, food colouring, and alka seltzer tablets - they turned out awesome! We've celebrated special days like St.



LIFEworks is definitely much busier these days as the warm weather has decided to finally stick around. We have gone outside while being safe and



some experiments for the LIFEworks groups. After, we got to do some experiments of our own! The 2 experiments completed were how to blow up a balloon using gasses created



Patrick's Day, World Down Syndrome Day, Easter, and Earth Day too! To keep things fun and entertaining - we've also hosted some theme days, like Hawaii Day and Disney Day!



physically distanced for nature walks, scavenger hunts, and chair yoga with our very own Yogi - Jeanette! On our nature walks we've been lucky enough to see some birds, butterflies, snakes, and even a deer!



In our virtual gatherings, we take time to catch up with our friends and do a variety of activities together. Over the past few months, we've done mini-projects like step-by-step drawings for special occasions like St. Patrick's Day, Mother's Day, and Father's Day. We've played different types of games like Jeopardy, Wordscapes, 4 Pics 1 Phrase, Family Feud, Pictionary, and much more! We've also done mini-lessons such as learning about Japan and Travelling to Mars! We also like to sing and shake it out with our karaoke days - everyone always enjoys taking



turns being the DJ! Zoom has been a really awesome way to connect with all of our participants, and it's been amazing to watch them all learn how to be independent using new technologies.

We hope everyone had an amazing Summer, and we can't wait to see what the upcoming months bring!

In Memoriam

William Camilleri

We are sad to announce that William Camilleri passed away on Thursday June 17, 2021. William was a participant at Hutton House since 1987 where he started in the Contract and then



the Mailroom when we had the sheltered workshops. In the mailroom William was a perfectionist! When the workshops closed William started in the LIFEworks 2 program, Adult Education one to one tutoring and the Day Break program. William was also known as the Mayor of Hutton House, making sure everything was OK with staff and within the programs and greeted visitors. If something wasn't right, William would seek out a staff person to let them know. Rest in peace William. We will miss you.

Connie Mitchell



Connie Mitchell passed away unexpectedly on August 5 2021. Connie was involved with Hutton House for the last 35 years and met her husband Brian here. Connie will be sadly missed by many friends and staff

at Cheshire Homes and Hutton House. Connie enjoyed spending time with Brian, her family and friends and her cat Missy. Connie was proud of her Dutch heritage and enjoyed colouring, making cards and participating in programs at Hutton House. Connie was a weaver in the Hutton House weaving studio for many years creating beautiful items such as placemats and table runners that were sold in our stores and given as gifts to family and friends. Our thoughts are with Brian and Connie's family families at this time.





Locorum exists to support local

The one stop for everything going on in your community. Highlighting local events, news, businesses and the best of what your city has to offer - all under one roof.

Purchase our handmade local pottery online! visit www.locorum.ca



The 25th Annual West Haven Charity Golf Classic for Hutton House raised over \$27,000!

Thank you very much for your support in making this years' tournament a most successful event. Despite the challenge of COVID-19, we were able to raise over \$27,000 with 70 golfers in attendance! The golf tournament is the single largest fundraiser for Hutton House and wouldn't be possible without the wonderful support of our golfers, sponsors, donors and volunteers.

Unfortunately, due to COVID, we were unable to conduct our annual golf silent auction, but...from November 15 to December 15 we will be holding our 2nd Annual Holiday Season Online Auction. More information to follow.

During 2021, over 1,000 participants have benefited from our virtual & live programs at Hutton House.

Although our services are a little different, we continue to offer a combination of in person services following public health guidelines and online services. This includes:

- 14 programs at 3 locations.
- Participants starting new jobs in the community.
- Innovative programming to develop important life skills
- Day programming for participants with high & complex needs
- An Adult Education program providing one to one and small group classes
- Drama, singing, song writing, art and other creative ventures

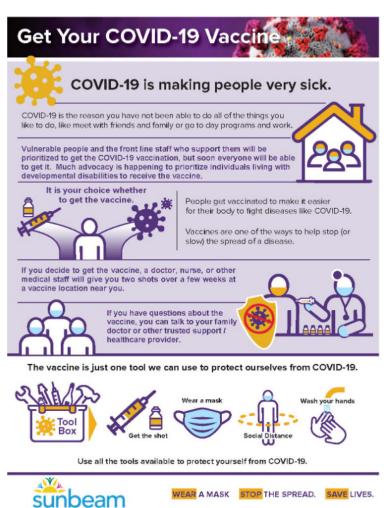
Meaningful volunteer opportunities

- Individuals improving their physical and mental health through fitness and wellness activities
-and much more!

On behalf of Hutton House, our participants and their families, our volunteers and staff, thank you for making a difference in the lives of adults and youth with disabilities.

We look forward to your participation again next year! Save the date – Monday, September 12, 2022.







Save the Date

THURSDAY DECEMBER 16TH 2021

2:00 PM TO 3:30 PM

ON ZOOM
(Link will be presented closer to the date)

Please come and join us for a afternoon filled with games and fun.

COVID-19 Guidelines for Participants and Families

We miss seeing participants and coworkers and are working hard to reopen although in a limited capacity safely. Programs will start giving out our new <u>COVID-19 Guidelines for Participants and Families</u> which can be found on our website under **News** or we can send you one by calling 519 472 6381 and leaving your name and phone number.

Hutton House COVID-19 Pandemic Update

In addition to our virtual services, we are preparing to provide limited in person services however there will be less people permitted to come due to the size of the rooms and the need for everyone to keep 2 metres/6 feet apart. Cleaning has been increased and we have bought personal protective equipment such as masks, face coverings, gloves and gowns. The reception areas at the Learning Centre and the Main Building have a Plexiglas barrier around the desk. We are removing furniture and storing it in other rooms – keeping only the furniture that is necessary in each room. We are marking floors with signs to remind everyone which way to walk and where to stand if you need to wait for something. We also are posting signs in each location about wearing your mask, physical distancing, coughing and sneezing etiquette, hand washing and COVID-19 symptoms. Supplies and equipment are being placed in plastic containers with lids and/or covered with plastic to keep everything clean. Anything that is touched needs to be cleaned after using it.

The Middlesex London Health Unit advises all of us to stay two metres (six feet) apart from others, wear a mask, avoid large groups, wash hands frequently, clean high-touch surfaces often and get tested if you have symptoms, or if you think you've been exposed to the virus. We hope to be safely together again soon. Please stay safe and healthy.

See the list on the next page for community resources and supports or call us at 519-472-6381 or contact us via email at **hhservices@huttonhouse.com** and we will get back to you to help you find the supports you need.

Support while you are at home during COVID-19

If you need help about:

- how to get medications and/or groceries
- how to get medications or groceries delivered
- supports to deal with stress, anxiety, loneliness etc
- what to do if you feel sick

please call 519 472 6381 and leave a message and we will call you back. You can also email us at **hhservices@huttonhouse.com** for help as well.

Other Help

NAME OF ORGANIZATION	HELP OFFERED	PHONE NUMBER	WEBSITE/EMAIL
Canadian Mental Health Association (CMHA)	Help to manage our mental health.	Call 24 hours a day, 7 days a week: Reachout: 519-433-2023 or 1-866-933-2023	www.cmhamiddlesex.ca/support-during-covid-19
The Middlesex London Health Unit	Information about COVID-19	519-663-5317	www.healthunit.com/novel- coronavirus
London Foodbank 926 Leathorne Street London	Provide food items Monday to Friday 9:00 -4:00	519-659-4045	Website: www.londonfoodbank.ca/ Email: info@londonfoodbank.ca
My Sisters Place 566 Dundas Street London	Serve lunch and provide basic needs	1-877-859-0352 or 519-679-9570	Website: www.cmhamiddlesex.ca/ about-cmha/msp Email: mysistersplace@cmhamiddlesex.ca
Lifespin 866 Dundas St, London	Provide information and support for individuals surviving on low-incomes	519-438 8676	Website: www.lifespin.org Email: life@execulink.com
Government of Canada Resources	Information about financial support for individuals during COVID-19		www.canada.ca/en/department-finance/economic-response-plan.html
Ontario Government Resources	Information about financial support for individuals during COVID-19	1-866-797-0000	www.ontario.ca/page/how-ontario-is-responding-covid-19
Community Support Services	A website with information for caregivers on how to find local resources ie finances, mental health, abuse, social/physical distancing. Information also available on printable tip sheets.	London-Middlesex 519-673-6617	http://www.cssontario.ca/covid-19

Coming Events

Visit the Hutton House booth at the Market at Western Fair

900 King Street

Saturday 8 am to 3 pm Sunday 10 am to 2 pm

Pottery Sale

Get 25% off pottery October 16th and 17th at the Market at Western Fair

Holiday Season Online Auction

November 15th - December 15th, 2021

Virtual Christmas Party

Thursday December 16th, 2021 2:00 pm to 3:30 pm

Hutton House

Supporting youth & adults with disabilities

Visit **www.huttonhouse.com** for Events & News updates

Hutton House Customer Service Commitment

Our most important customer is YOU.
In a safe, supportive and respectful environment
We will work together
With open and honest communication
to enable you to discover
and achieve your goals.

Our Mission:

Hutton House promotes and supports persons with disabilities through learning and life enhancing programs that focus on each individual's strengths, abilities and interests.

Vision:

Persons with disabilities have equal access to participate in all aspects of community life.

Board of Directors:

Claudia Bayona - President Jon Lavkulich - Vice President

Jeanette Dutot - Ex-Officio

Directors:

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Madison Blackwell
Tilda King
Eric Riley
Bryan Smits
Nelson Rodriques
Bill Mills
Duncan McLean
Kris Nyhout

Charitable Registration (Bn) No. 10807 1861 RR0001

"In House" Next Publication Deadlines

February 4th, 2022 June 3rd, 2022 October 7th, 2022

We gratefully accept articles, personal stories, and photos involving participants of Hutton House.

Please submit information directly - and early - to Lori@huttonhouse.com